

# Just Lay Low

**COPPER** KNOB  
BY SHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Sue Smyth (UK) - January 2015

**Musique:** Lay Low - Josh Turner



## Intro 32 counts

### Sec 1: □ CROSS HOLD AND CROSS SIDE, SAILOR ¼ TURN RIGHT, LEFT SHUFFLE FWD

- 1-2 cross right over left, hold for 1 count  
&3-4 step L to L side, cross right over left, step left to left side  
5&6 step R behind left, make ¼ turn right stepping on left, step fwd on R ( 3 o'clock)  
7&8 step fwd on L, step R next to L, step fwd on L

### Sec 2: □ FULL TURN(WALK WALK), RIGHT SHUFFLE FWD, LEFT ROCK FWD, LEFT COASTER STEP

- 1-2 make ½ turn left stepping back on right, make ½ turn left stepping fwd on left, (alt walk fwd on R L)  
3&4 step fwd on right, step left beside right, step fwd on right  
5-6 rock fwd on left, rec on right  
7&8 step back on left, step right beside left, step fwd on left

**Restart 1: on wall 4 facing 6 oclock,**

**Tag and 2nd Restart on wall 9 facing 9 o'clock**

### Sec 3: □ RIGHT ROCK FWD, SHUFFLE ½ TURN RIGHT, LEFT SIDE ROCK, LEFT SAILOR STEP

- 1-2 rock fwd on right, rec on left  
3&4 shuffle ½ turn right on R L R (9 o'clock)  
5-6 rock left to left side, rec on right  
7&8 step left behind right, step right to right side, step left to left

### Sec 4: □ RIGHT CROSS ROCK CHASSE TO RIGHT, LEFT CROSS ROCK CHASSE TO LEFT

- 1-2 cross rock right over left, rec on left  
3&4 step R to R side, close L beside R, step R to R side  
5-6 cross rock left over right, rec on right  
7&8 step left to left side, close right beside left, step left to left side.

**RESTART 1: ON WALL 4 AFTER COUNT 16 - SEC 2**

**TAG AND RESTART ON WALL 9 FACING 9 O'CLOCK AFTER COUNT 16 SEC 2.**

**TAG 1-4 rock fwd on right, rec on left, rock right to right side rec on left**

**Contact: boogiesas@yahoo.co.uk**