

2X Trouble (麻煩大了) (zh)

COPPER KNOB
BY PERSEUS

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Guyton Mundy (USA) & Michele Perron (CAN) - 2009年12月

Musique: Trouble - Ne-Yo



前奏 : 32 Counts 32拍起跳

- 第一段** toe, heel, step, cross rock/recover, 1/2, 1/2, syncopated steps with 1/4, hitch 趾, 踵, 踏, 交叉下沉回復, 1/2, 1/2, 半拍步帶轉, 抬
- 1&2 tap right toe next to left, scuff right foot forward, step forward on right 右足趾併點, 右足前擦踢, 右足前踏
- 3&4 cross rock left over right, recover on right, turn 1/2 left, stepping forward on left 左足於右足前交叉下沉, 右足回復, 左轉180度左足前踏
- 5-6& turn 1/2 L with step Right back, step Left beside right, step Right side right 左轉180度右足後踏, 左足左踏, 右足右踏
- 7&8 step Left side left, step Right across front of left, step Left side left 左足左踏, 右足於左足前交叉踏, 左足左踏
- &1 turn 1/4 right, stepping forward on right, step slightly forward on left as you pop right knee slightly up 右轉90度右足前踏, 左足略前踏右膝彈略抬
- 第二段** kick, side cross side, 1/4, 1/2, 1/2 turn triple 踢, 側 交叉 側, 1/4 1/2 小三步轉
- 2-3& kick right forward, step right to right side, cross left over right 右足前踢, 右足右踏, 左足於右足前交叉踏
- 4-5 step right to right, turn 1/4 left stepping left to left side 右足右踏, 左轉90度左足左踏
- 6 turn 1/2 left, stepping back on right 左轉180度右足後踏
- 7&8 turn 1/2 left, stepping left-right-left triple 小三步左轉180度-左, 右, 左
- 第三段** side touches X2, sweeps X3, rock recover 二次側點併踏, 三次後繞踏, 下沉回復
- 1-2 touch right toe to right side, right step beside left 右足趾右點, 右足併踏
- 3-4 touch left to left, left step beside right, as you sweep right foot back 左足左點, 左足併踏右足後繞
- 5-6 step back on right as you sweep left foot back, step back on left as you sweep right foot back 右足後踏左足後繞, 左足後踏右足後繞
- 7-8 rock back on right, recover forward on left 右足後下沉, 左足回復
- 第四段** forward, 1/2 turn heel pops, cross back side, rock with sway/recover, back, 1/4 side 踏, 踵彈轉1/2, 交叉後側, 擺臀下沉回復, 1/4側
- 1&2 step forward on right, turn 1/4 left as you pop left heel to right heel, turn 1/4 left as you pop right heel out (weight will end on right foot) 右足前踏, 左轉90度左足踵轉向右足踵, 左轉90度右足踵向外轉(重心在右足)
- &3-4 cross left over right, step back on right, step left to left side 左足於右足前交叉踏, 右足後踏, 左足左踏
- 5-6 step forward on right as you slightly raise heels and push hips forward, recover back to left [neutral] 右足前踏雙足踵略抬前推臀, 左足回復
- 7-8 step back on right, make 1/4 turn left, stepping left to left side 右足後踏, 左轉90度左足左踏
- TAG..... on the 4th wall, 8 Counts 第四面牆結束時加8拍(第一段)

- 1&2 tap right toe next to left foot, scuff right foot forward, step forward on right 右足趾併點, 右足前擦踢, 右足前踏
- 3&4 cross rock left over right, recover on right, turn 1/2 left, stepping forward on left
左足於右足前交叉下沉, 右足回復, 左轉180度左足前踏
- 5-6& turn 1/2 left, stepping back on right, step left to left side, step right next to left 左足180度右足後踏, 左足左踏, 右足併踏
- 7&8 cross left over right, step right next to left, step forward on left
左足於右足前交叉踏, 右足併踏, 左足前踏
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