

# Pantamera

**Compte:** 32

**Mur:** 2

**Niveau:** Absolute Beginner



**Chorégraphe:** Urban Danielsson (SWE) - January 2015

**Musique:** Pantamera - Cast Of The Swedish Idol 2014 : (CD: Lisa Ajax - Unbelievable)

**#32 counts intro, starts on vocal (iTunes)**

**Section 1: □ Side, together, triple forward, side, together, triple back**

- 1-2 Step right foot to right side, step left foot next to right
- 3&4 Step right foot forward, step left next to right, step right foot forward
- 5-6 Step left foot to left side, step right foot next to left
- 7&8 Step left foot back, step right foot next to left, step left foot back

**Section 2: □ Rock-recover, triple forward, rock-recover, ¼ turn chassé left**

- 9-10 Rock back onto right foot, recover weight onto left foot
- 11&12 Step right foot forward, step left foot next to right, step right foot forward
- 13-14 Rock left foot forward, recover weight onto right foot
- 15&16 Turn ¼ left step left to left side, step right foot next to left, step left foot to left side (9:00)

**Section 3: □ Cross, back, chassé right, cross, back, chassé ¼ turn left**

- 17-18 Cross step right foot in front of left foot, step left foot back
- 19&20 Step right foot to right side, step left next to right, step right foot to right side
- 21-22 Cross step left foot in front of right foot, step right foot back
- 23&24 Step left foot to left side, step right foot next to left, ¼ turn left step left foot forward (6:00)

**Section 4: □ (Rock-recover, coaster step) x 2**

- 25-26 Rock right foot forward, recover weight onto left foot
- 27&28 Step right foot back, step left foot next to right, step right foot forward
- 29-30 Rock left foot forward, recover weight onto right foot
- 31&32 Step left foot back, step right foot next to left, step left foot forward

**RESTART and ENJOY!**

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