Can I Get A Moment

Compte: 32	**Mur:** 4	**Niveau:** Beginner Plus

Chorégraphe: Annemaree Sleeth (AUS) - January 2015

Musique: Can I Get a Moment? - Jessica Mauboy

#16 Count intro – Start on 1 beat before Vocals 16 secs in approx.)

Section 1 [1-8] FACING DIAGONALS STEP, LOCK/SLIDE , STEP, HITCH, FACING DIAGONALS STEP, LOCK/SLIDE , STEP, SCUFF

1 – 2	Step R diagonal forward, lock/slide L behind R, (bending both knees)
3 – 4	Step R diagonally forward, hitch L foot and clap
5 – 6	Step L diagonal forward, lock/slide R behind L,(bending both knees)
7 – 8	Step L diagonally forward, scuff R foot over L

Section 2 [9-16] JAZZ BOX CROSS , 1/4 BACK SIDE, CROSS, SIDE

1 – 2	Cross R over Left, Step R back,
3 – 4	Step L side, cross L over R
5 – 6	Turn ¼ R Step R back, (9.00) step L side
7 – 8	Cross R over L ,step L side

Section 3 [17- 24] STEP, TOGETHER, HIP BUMPS (danced sharply)

1 – 2	Big step R side , step L together
3 & 4&	Bumping hips L, R ,L, R (weight R).
5– 6	Big step L side , step R together
7 & 8&	Bumping hips, R, L, R, L (weight L). add sharp arms and shoulders movements

SECTION 4[25 – 32] V STEP, SHUFFLE FORWARD X 2

1 – 2	Step R out To R diagonal, Step L out to L diagonal
3 – 4	Step R back, step L beside R
5&6	Step R forward, step L together, step R forward
7&8	Step L forward, step R together, step L forward& 5 Jump R forward, jump L forward,

for harder Option 1 on last 4 counts

& 5	Jump R forward Jump L forward
& 6	Jump R back, jump L back ,
& 7	Jump R forward, jump L forward
& 8	Jump R forward, jump L forward

for harder option 2
SECTION 4[25 – 32]SYNCOPATED V STEP, JUMPS FORWARD, JUMPS BACK, JUMPS FORWARD, JUMPS FORWARD

&1 – 2	Jump R out To R diagonal, jump L out to L diagonal
&3 – 4	Jump R back, jump L beside R
& 5	Jump R forward, jump L forward,
& 6	Jump R back, jump L back ,
& 7	Jump R forward, jump L forward
& 8	Jump R forward, jump L forward

To Finish Facing Front - Dance First 16 counts and Step R forward and pose !

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