

Lady In Red

Compte: 48

Mur: 4

Niveau: Intermediate



Chorégraphe: Nicky Tan (MY) - October 2014

Musique: The Lady In Red - Chris de Burgh

Dance starts after 3x8 beats

Section 1

- 1 Step RF to side
- 2&3 Step LF behind RF, Step RF to side, Cross Rock LF over RF
- 4&5 Recover on RF, Step LF to side, Cross RF over LF
- 6&7 Turn ¼ R & Step LF back, Turn ¼ R & Step RF forward, Step LF forward (6:00)
- 8&1 Rock RF to side, Recover on LF, Cross RF over LF

Section 2

- 2&3 Step LF to side, Step RF together, Step LF to side
- 4&5 Rock RF behind LF, Recover on LF, Step RF to side
- 6&7 Rock LF behind RF, Recover on RF, Step LF to side
- 8&1 Rock LF back, Recover on RF, Step RF forward (6:00)

Section 3

- 2&3 Rock LF forward, Recover on RF, Step LF back
- 4&5 Step RF back, Turn ½ L & Step LF forward, Step RF forward (12:00)
- 6,7,8 Step LF to side & Sway body L, R, L

Section 4

- 1 Step RF forward
- 2&3 Step LF forward, Pivot ½ to right weight with on RF, Step LF forward (6:00)
- 4&5 Step RF forward, Pivot ½ to left with weight on LF, Step RF forward (12:00)
- 6,7 Ronde LF from side to front, Cross LF over RF
- 8& Step RF back, Step LF to side

Section 5

- 1 Turn ¼ L & Step RF together (9:00)
- 2,3 Sway body R then L
- 4& Rock RF back, Recover on LF
- 5&6 Step RF forward, Turn ½ R & Step LF back, Turn ½ R & Step RF forward (9:00)
- 7&8 Step LF forward, Lock RF behind LF, Step LF forward

Section 6

- 1,2 Step RF forward, Touch LF to side
- 3,4 Step LF back, Touch RF to side
- 5,6 Lunge RF in place, Straighten RF again (Pose with body twist)
- 7,8 Rock RF back, Recover on LF (9:00)

RESTART: At 3rd Wall (6:00), dance for 3x8's and Restart dance (6:00)

Contact: nickytty@gmail.com