

# One Hell Of A Ball

**COPPER** **KNOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Ivonne Verhagen (NL) - December 2014

**Musique:** One Hell of a Ball - Simon Burridge



**Dance starts on vocals**

## **KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP**

1,2 RF kick forward, RF kick side,  
3&4 RF step in place, LF step in place, RF step in place  
5,6 LF kick forward, LF kick side,  
7&8 LF step in place, RF step in place, LF step in place

## **KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE**

1&2 RF kick forward, RF step RF in place, LF step in place  
3&4 RF kick forward, RF step RF in place, LF step in place  
5-6 RF rock forward, LF weight back on LF  
7-8 RF step in place, LF step in place

## **SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE**

1-2 RF rock side, weight back on LF  
3&4 RF step in place, LF step in place, RF step in place  
5-6 LF rock side, weight back on RF  
7&8 LF step in place, RF step in place, LF step in place

## **PADDLE 1/8, PADDLE 1/8, JAZZ BOX**

1-2 RF step forward, 1/8 turn left  
3-4 RF step forward, 1/8 turn left  
5-6 RF cross over LF, LF step back  
7-8 RF step side, LF step close to RF

**Have fun!!**

**Contact:-**

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