

Swingin' Thing

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Ann-Kristin Sandberg (NOR) - November 2014

Musique: Swingin' - LeAnn Rimes : (iTunes)



INTRO : 16 Counts Start on vocals

ROCK RECOVER-CROSS SHUFFLE-ROCK RECOVER-WEAVE

- 1-2 Step right to right side, Recover onto left
- 3&4 Cross right over left, Step left to left side, Cross right over left
- 5-6 Step left to left side, Recover onto right
- 7&8 Cross left behind right, Step right to right side, Step left forw

TOE TOUCHES-STEP-PIVOT ¼ L-CROSS SHUFFLE-CROSS-POINT

- 1&2& Touch right toe forw, Step right next to left, Touch left toe forw, Step left next to right
- 3-4 Step right forw, Pivot ¼ turn left (09)
- 5&6& Cross right over left, Left to left side, Cross right over left, Left to left side
- 7-8 Cross right over left, Point left toe to left side

L SAILOR-R SAILOR-BACK TOUCH-1/2 TURN L HEEL UP & DOWN

- 1&2 Cross left behind right, Right to right side, Left to left side
- 3&4 Cross right behind left, Left to left side, Right to right side
- 5&6& Touch left toe back, Lift right heel up, ¼ turn(06) Right heel down, Right heel up
- 7-8 ¼ turn Right heel down, Left heel down (weight on left foot) (03)

(Count 5-8...you bump your heel up & down when turning ½ L)

R DIAGONAL FORW-HEEL UP & DOWN-L DIAGONAL FORW-HEEL UP & DOWN

- 1&2& Step right diagonal forw to right, Lift right heel up, Heel down, Heel up
- 3&4 Right heel down, R heel up, R heel down
- 5&6& Step left diagonal forw to left, Lift left heel up, Heel down, Heel up
- 7&8 Left heel down, Left heel up, Left heel down

TAGS : 8 Counts : End of wall 3 facing (09), End of wall 5 facing (03)

- 1-2 Right foot to right side, Left foot to left side
- 3-4 Right foot back, Left to left side

Repeat counts 1-4

ENJOY THIS FAST LITTLE DANCE!
