

# Hurtin' On Me

Compte: 64

Mur: 2

Niveau: High Improver



Chorégraphe: Nicola Lafferty (UK) - November 2014

Musique: Hurtin' On Me - Chris Carmack : (Album: The Music of Nashville, Season 2, Volume 2, Deluxe)

**Intro: Begin on main vocals (approx 16 secs from start)**

**[1-8] □ □ 2 Stomps, 2 Side Touches, 2 Stomps**

1,2 Stomp RF in place, Stomp LF next to RF  
3,4 Touch RF to R side, Close RF to LF  
5,6 Touch LF to L side, Close LF to RF  
7,8 Stomp RF in place, Stomp LF next to RF

**[9-16] □ □ 2 Toe Struts Fwd, Rock Fwd, Recover, Back**

1,2 Touch R toe fwd, Drop R heel  
3,4 Touch L toe fwd, Drop L heel  
5,6 Rock RF fwd, Recover weight to LF  
7,8 Step RF back, Hold

**[17-24] □ □ 2 Quick Walks Back, 2 Slow Walks Back, Back, Close**

1,2 Walk Back LF, Walk back RF (Q,Q)  
3,4 Walk back LF, Hold (S)  
5,6 Walk back RF, Hold (S)  
7,8 Walk back on LF, Close RF to LF (Q,Q)

**[25-32] □ □ 2 Slow Walks Fwd, Step 1/4 Pivot, Cross**

1,2 Step LF fwd, Hold (S)  
3,4 Step RF fwd, Hold (S)  
5,6 Step LF fwd, ¼ pivot turn to R (face 3.00) (Q,Q)  
7,8 Cross LF over RF, Hold (S)

**[33-40] □ Step Together, Step Touch, Step Touch, Step Brush**

1,2,3,4 Step RF to R side, Close LF to RF, Step RF to R side, Touch LF next to RF  
5,6 Step LF to L side, Touch RF next to LF  
7,8 Step RF to R side, Brush LF fwd

**[41-48] □ Cross Strut, Side Strut, Side Shuffle**

1,2 Cross L toe over RF, Drop L heel  
3,4 Touch R toe to R side, Drop R heel  
5,6,7,8 Step LF to L side, Close RF to LF, Step LF to L side, Hold

**[49-56] □ Stomp & Fan**

1,2,3,4 Stomp RF fwd, Fan R foot to R, to L, to Centre  
5,6,7,8 Stomp LF fwd, Fan L foot to L, to R, to Centre

**[57-64] □ Rock, Recover, ¼ Turn Close, Heel Digs x2**

1,2 Rock RF fwd, Recover weight to LF  
3,4 Make ¼ turn to R as you step RF to R side, Close LF to RF  
5,6 Touch R heel fwd, close RF to LF  
7,8 Touch L heel fwd, Close LF to RF

**Begin again**

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