

# Swangin'

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Trevor Thornton (USA) & Kelly Cavallaro (USA) - November 2014

**Musique:** Swingin' - John Anderson & Colt Ford



## **Kick and Locks , Walk, Walk, Sailor step**

- 1&2& Kick Right foot forward, Step down on right, Lock Left foot behind Right, Step forward on right  
3&4 Kick Left foot forward, Step down on left, Lock Right foot behind left  
5,6 Step left forward, Step right forward  
7&8 Step left behind, step right next to left, step left foot forward

## **Sailor step, Full turn, Syncopated weave**

- 9 &10 Step right behind, step left next to right, step right foot forward  
11,12 Hook left foot behind right, full unwind with weight ending on left  
13 Step right foot to right side  
14&15 Step left foot behind right, step right foot out to right, cross left foot over right  
16 Step Right foot out to right

## **Shoulder bumps, Body roll with a turn, Jazz box**

- 17,18 Bump left shoulder to the left, Bump right shoulder to the right  
19,20 Roll left shoulder down, turning a 1/4 to the left, Scuff right foot forward  
21-24 Cross right over left, Step left foot back, Step right foot next to left, Step left foot forward

## **Walk, Walk, Kick ball change, Sway, Sway**

- 25,26 Walk right , walk left  
27&28 Kick right foot forward, step right next to left, step left  
29,30 Step right foot forward at an angle, dipping body down, Touch left foot next to right, bringing body back up  
31,32 Step left foot forward at an angle, dipping body down, Touch right foot next to left, bringing body back up

**REPEAT and ENJOY!!**

**Any questions, contact us:**

**Trevor Thornton - [Trevort17@yahoo.com](mailto:Trevort17@yahoo.com)**

**Kelly Cavallaro - [Riddlerofdance7@gmail.com](mailto:Riddlerofdance7@gmail.com)**