

Jo 'N Jo Tango (雙J探戈) (zh)

COPPER KNOB
BY STEPHEN METZ

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Jo Thompson Szymanski (USA) & Rita Jo Thompson - 2008年06月

Musique: Hernando's Hideaway - Tango Orchestra Alfred Hause : (CD: entitled Tango)



前奏 : Intro: Wait 32 counts 32拍後起跳

第一段 2 Slow Tango Walks Forward, Tango Draw 二個慢拍探戈前走, 探戈拖步

1-4 Step forward Left (1), Hold (2), Step forward Right (3), Hold (4).
左足前踏, 候, 右足前踏, 候

5-8 Step forward Left (5), Large step Right to Right side (6), Slowly drag Left toe to Right foot ending with Left toe touched beside Right foot (7-8). 左足前踏, 右足右一大步, 左足趾拖併, 左足趾併點

第二段 2 Slow Tango Walks Back, Side, Cross, Point, Hold 二個慢拍探戈後走, 側, 交叉, 點, 候

1-4 Step back with Left, (1), Hold (2), Step back with Right (3), Hold (4). 左足後踏, 候, 右足後踏, 候

5-6 Step Left foot to Left side (5), Step Right foot across in front of Left (6). 左足左踏, 右足於左足前交叉踏

7-8 Point Left toe to Left side with Right knee slightly bent (7), Hold (8). 左足趾左點右膝略彎, 候

第三段 Cross Rock 3, Flick, Cross Rock 3, Flick 3拍交叉下沉, 抬, 3拍交叉下沉, 抬

1 Turning body slightly to the Right, Rock Left foot forward across front of Right. 身體略向右轉左足於右足前交叉下沉

2 Recover weight back to Right foot. 右足後回復

3 Rock weight forward to Left foot in the same place as it was.
左足前下沉

4 Flick Right foot up behind as the body is turning slightly to the Left. 右足抬身體略向左

5 With body angled slightly to the Left, Rock Right foot forward across front of Left. 身體略向左右足於左足前交叉下沉

6 Recover weight back to Left foot. 左足後回復

7 Rock weight forward to Right foot in the same place as it was.
右足在原地前下沉

8 Flick Left foot up behind as the body is turning slightly to the Right. 左足略向右後抬

第四段 Serpiente, 1/4 Turn Right 左藤步繞右藤步右轉1/4

1-2 Step Left foot across in front of Right (1), Squaring the body up to the front, step Right foot to Right side (2).
左足於右足前交叉踏, 右足右踏

3-4 Step Left foot crossed behind Right (3), Sweep Right toe out to Right side and back (4). 左足於右足後交叉踏, 右足趾由右繞至後

5-6 Step Right foot crossed behind Left (5), Step Left foot to Left side (6), 右足於左足後交叉踏, 左足左踏

7-8 Step Right foot crossed in front of Left (7), With weight on Right foot, turn sharply 1/4 to the Right (8).
右足於左足前交叉踏, 右轉90度重心回到右足

Note: Last time through the dance, stomp across in front on count 7 of the Serpiente, you will be facing the front. 結束時第四段的第7拍改成右足於左足前重踏面向前牆