

# From the Country

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Helaine Norman (USA) - October 2014

**Musique:** I'm from the Country - Tracy Byrd : (Album: I'm From the Country)



**Intro: Start dance on vocal**

**Touch (ball of foot with knee turned slightly inward), Scuff, Coaster Step**

1-2, 3&4      Touch R ball of foot (with knee turned inward) (1), Scuff R heel forward (2), Step R back (3),  
Step L in place (&), Step R forward (4)

**Touch (ball of foot with knee turned slightly inward), Scuff, Coaster Step**

5-6, 7&8      Touch L ball of foot (with knee turned inward) (1), Scuff L heel forward (2), Step L back (3),  
Step R in place (&), Step L forward (4)

**Temptation, Stomp Stomp, Temptation, Coaster Step (facing diagonal right)**

9-10      Step R (diagonally forward) (1), Draw and recover back on L beside R (2)

11-12      Stomp R beside L (x2) (3-4)

13-14      Step R (diagonally forward) (5), Draw and recover back on L beside R (6)

15&16      Step R behind L (7), Step L in place (&), Step R forward (8)

**Reverse Weave 1/8 Turn Right, Hold, Half Turn, Step, Hold**

17-20      Step L behind R (1), Step R (2), Step L forward (3), Hold (4)

21-24      Step R forward ½ turn left (5), Step L in place (6), Step R forward (7), Hold (8)

**¼ Turn Right, ¼ Turn Right, Step Left, Heel, Heel, Hold**

25-26      Step L ¼ right (1), Step R (2)

27-28      Step L ¼ right (3), Step R (4)

29-32      Step L (5), Tap L heel down down (6,7), hold ( or tap a third time) (8)

**Start dance again.**

**Note:** Counts 29-32 option can be to stomp and hold on counts 30-32.

**Contact:** [helaine43@gmail.com](mailto:helaine43@gmail.com)

---