# Factor AB



Compte: 32 Mur: 4 Niveau: Beginner / Improver

**Chorégraphe:** Daniel Whittaker (UK) - October 2014 **Musique:** Think - Chris Anderson: (iTunes - 2:49)



CELEBRATING 15 YEARS OF CHILL FACTOR: The reason I called the dance 'FACTOR AB', is because 15 years ago when I was in a bar on a Spanish island called Majorca I came across the music and created the dance 'CHILL FACTOR' I still can not believe Chill Factor is nearly 15 years old and is danced everywhere around the world, I love it today as much as I did all that time ago, so thank you to all for dancing it with me!!! I hope you like this new dance.

ANOTHER NOTE: I have also created a Intermediate version of this dance called Factor 15, this is ideal so you can do a floor split

# [1-8] Heel splitz, Right heel, Left heel, right knee pop

1-2	Push both heels out, bring both heels in 12:00
3-4	Touch right heel forward, step beside left foot 12:00
5-6	Touch left heel forward, step beside right foot 12:00

7-8 Push right knee intowards left knee, push right knee out to right side 12:00

## [9-16] Right grapevine side step, side step with shimmys

1-4 Right to right side, cross left behind right, step right to right side, touch left beside right 12:00
5-8 Side step left to left side, touch right beside left, Side step right to right side, touch left beside right 12:00

#### [17-24] Left grapevine 1/4 turn left, shuffle R & L

1-4 Left to left side, cross right behind left, step left ¼ turn left, scuff right forward 09:00

Step right forward, close left to right, step right foot forward 09:00

Step left foot forward, close right to left, step left foot forward 09:00

#### [25-32] Rocking chair, ½ turn jump, clap

1-2 Rock right forward, recover weight on left 09:003-4 Rock right foot back, recover weight on left 09:00

5-6 Step right forward, make ½ turn left 09:00

&7-8 Little syncopated jump forward right, left, CLAP 09:00

## **END OF DANCE**

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<sup>\*\*</sup> on side steps shimmy shoulders \*\*