

Frozen Time

COPPER KNOB
BY STEPHENETS

Compte: 64

Mur: 1

Niveau: Intermediate / Advanced



Chorégraphe: Roosamekto Mamek (INA) - November 2014

Musique: She Wolf - Luciana Zogbi & Gianfranco Casanova : (Cover)

Intro: 8 count

FORWARD, MAMBO, MAMBO CROSS, HINGE TURN ¼ RIGHT, ROCKING CHAIRS

- 1 Step R forward
- 2&3 Rock L forward – Recover on R – Step L back
- 4&5 Rock R to side – Recover on L – Cross R over L
- 6&7& Turn ¼ right step L back – Turn ½ right step R forward – Rock L forward – Recover on R
- 8& Rock L back – Recover on R (09:00)

NIGHT CLUB, MAMBO TURN ½ RIGHT, BACK ROCK, RECOVER, FORWARD SHUFFLE, FORWARD

- 1 Step L to side
- 2&3 Rock R behind L – Cross L over R – Step R to side
- 4&5 Rock L back – Recover on R – Turn ½ right step L back (03:00)
- 6&7& Rock R back – Recover on L – Step R forward – Step L together
- 8& Step R forward – Step L forward (03:00)

TURN ½ LEFT, SAILOR TURN ¼ LEFT, FORWARD, A FULL TURN RIGHT, HOLD, RECOVER, TOGETHER, FORWARD, RECOVER, BACK

- 1 Turn ½ left step R back
- 2&3 Turn ¼ left cross L behind R – Step R to side – Step L forward
- 4&5 Step R forward – Turn ½ right step L back – Turn ½ right step R forward
- 6&7& Hold – Recover on L – Step R together – Rock L forward
- 8& Recover on R – Step L back (06:00)

BACK, FORWARD, TURN ¼ LEFT, SIDE, WEAVE, MAMBO CROSS, HINGE TURN ¼ RIGHT, FORWARD

- 1 Step R back
- 2&3& Step L forward – Turn ½ left step R back – Turn ¼ left step L forward – Step R to side (09:00)
- 4&5 Cross L behind R – Step R to side – Cross L over R
- 6&7& Rock R to side – Recover on L – Cross R over L – Turn ¼ right step L back
- 8& Turn ½ right step R forward – Step L forward (06:00)

NIGHT CLUB TURN ¼ LEFT, NIGHT CLUB TURN ¼ RIGHT, FORWARD, TOGETHER, BACK, TOGETHER, FORWARD L-R

- 1 Turn ¼ left step R to side (03:00)
- 2&3 Rock L behind R – Cross R over L – Step L to side
- 4&5 Rock R behind L – Cross L over R – Turn ¼ right step R forward
- 6&7& Step L forward – Step R together – Step L back – Step R together
- 8& Step L forward – Step R forward (06:00)

PIVOT TURN ½ LEFT, SIDE, ROCK, CROSS R-L, SYNCOPATED SHUFFLE ¾ TURN RIGHT

- 1 Turn ½ left (Weight on L) (12:00)
- 2&3 Rock R to side – Rock L behind R – Cross R over L
- 4&5 Rock L to side – Rock R behind L – Cross L over R
- 6&7& Turn ¼ right step R forward – Step L beside R (or slightly forward R) – Turn ¼ right step R forward – Step L beside R (or slightly forward R)
- 8& Turn ¼ right step R forward – Step L beside R (or slightly forward R) (12:00)

Restart happens here on wall 2

FORWARD, SIDE, ROCK, CROSS L-R, SYNCOPATED SHUFFLE ¾ TURN LEFT

- 1 Step R forward
- 2&3 Rock L to side – Rock R behind L – Cross L over R
- 4&5 Rock R to side – Rock L behind R – Cross R over L
- 6&7& Turn ¼ left step L forward – Step R beside L (or slightly forward L) – Turn ¼ left step L forward – Step R beside L (or slightly forward L)
- 8& Turn ¼ left step L forward – Step R beside L (or slightly forward L) (12:00)

FORWARD, SIDE, CROSS, BACK R-L, MAMBO CROSS, SIDE, RECOVER, FORWARD

- 1 Step L forward
- 2&3 Rock R to side – Cross L over R – Step R back
- 4&5 Rock L to side – Cross R over L – Step L back
- 6&7& Rock R to side – Recover on L – Cross R over L – Rock L to side
- 8& Recover on R – Step L forward (12:00)

REPEAT

RESTART: On wall 2 after 48 count (Section 6) you will start dancing facing 12:00

ENDING : End of wall 3 do these 8 counts

FORWARD, FORWARD MAMBO, MAMBO CROSS R-L, HOLD/POSE

- 1 Step R forward
- 2&3 Rock L forward – Recover on R – Step L back
- 4&5 Rock R to side – Recover on L – Cross R over L
- 6&7 Rock L to side – recover on R – Cross L over R
- 8 Pose (Hold)

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