

Me And You Back At Mama's

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Improver / Intermediate



Chorégraphe: Séverine Fillion (FR) - September 2014

Musique: "Meanwhile Back At Mama's" by Tim McGraw & Faith Hill

[1-8] STEP FWD, TOUCH, BACK, TOUCH, COASTER STEP, STEP LOCK STEP, FULL TURN

- 1& Right step fwd, touch left next to right
- 2& Left step back, touch right next to left
- 3&4 Right step back, left next to right, right step fwd
- 5&6 Left step fwd, « lock » right cross behind left, left step fwd
- 7-8 ½ turn left stepping right back, ½ turn left stepping left fwd

[9-16] MAMBO FWD, COASTER STEP, STEP 1/4 TURN CROSS, 1/4 TURN X 2 & CROSS

- 1&2 Rock on right fwd, recover on left, right step back
- 3&4 Left step back, right next to left, left step fwd
- 5&6 Right step fwd, ¼ turn left, right cross over left 9 :00
- 7&8 ¼ turn right stepping left back, ¼ turn right stepping right to right, left cross over right 3 :00

[17-24] POINT, TOUCH, HEEL, HOOK, STEP LOCK STEP, ROCKING CHAIR, STEP 1/2 TURN STEP

- 1& Point right toe to right side, touch right next to left
- 2& Touch right heel fwd, Hook right cross over left leg
- 3&4 Right step fwd, « lock » left cross behind right, right step fwd
- 5&6& Rock on left fwd, recover on right, rock back on left, recover on right
- 7&8 Left step fwd, ½ turn right (weight on right), left step next to right 9 :00

[25-32] R TOE HEEL SWIVEL, SCUFF, STEP LOCK STEP, (1/2 TURN, HOOK) X 2, TOE STRUT x 2

- 1&2 Swivel right toe to the right, right heel to the right, right toe to the right
- & Scuff left next to right
- 3&4 Left step fwd, « lock » right cross behind left, left step fwd
- 5& ½ turn left stepping right back, Hook left cross behind right leg
- 6& ½ turn left stepping left fwd, Hook right cross behind left leg
- 7& Toe strut right fwd
- 8& Toe strut left fwd

Start again and enjoy !

TAG : At the end of first wall only (at 9 :00), add this 16 counts :

[1-8] ROLLING VINE SHUFFLE, SAILOR STEP (LEFT & RIGHT)

- 1-2 ¼ turn right and right step fwd, ½ turn right and left step back
- 3&4 ¼ turn right and triple step right – left – right to right side
- 5&6 Left cross behind right, right to right, left to left
- 7&8 Right cross behind left, left to left, right to right

[9-16] ROLLING VINE SHUFFLE, SAILOR STEP (RIGHT & LEFT)

- 1-2 ¼ turn left and left step fwd, ½ turn left and right step back
- 3&4 ¼ turn left and triple step left – right – left to left side
- 5&6 Right cross behind left, left to left, right to right
- 7&8 Left cross behind right, right to right, left to left

ATTENTION : At the ends of walls 3, 6 and 7, the music stops a few seconds, Restart the dance with the music.

