

Tina

Compte: 32

Mur: 4

Niveau: Beginner / Improver



Chorégraphe: Judith Kennedy (UK) - 2014

Musique: T.I.N.A. (feat. Angel) - Fuse ODG

Intro: (&)32 beats (Start after 'You're my ...')

[1-8] □CROSS, SIDE, SAILOR WITH ¼ TURN, WALK X 3, OUT, OUT

- 1-2 Cross right over left, step left to left
- 3&4 Step R behind L (&) Make 1/4 turn R stepping L to L, Step R to R (3)
- 5-6 Walk forward left, right
- 7&8 Walk forward left, step or jump R out to R, step or jump L out to L

[9-16] ROCKING CHAIR; STEP RIGHT, CLOSE, RIGHT CLOSE RIGHT

- 1-2 Rock forward onto right, recover onto left
- 3-4 Rock back onto right, recover onto left
- 5-6 Step right to right, close left to right
- 7&8 Step right to right, close left to right, step right to right

•□Styling option: For steps 5-8 employ Mambo hips

[17-24]ROCK, RECOVER, SHUFFLE, SHUFFLE, COASTER

- 1-2 Rock forward on left, recover onto right
- 3&4 Shuffle (L, R, L) half turn left, travelling forward (9)
- 5&6 Shuffle (R, L, R) half turn left, travelling back (3)
- 7&8 Step back onto left, step right beside left, step forward on left

•□Easy option: for steps 3&4, 5&6 just do a left & right shuffle back

[25-32] CROSS, TOUCH OUT X 2, TOUCH, TOUCH, TOUCH, FLICK

- 1-2 Cross right over left; touch left out to left side
- 3-4 Cross left over right, touch right out to right side
- 5-6 Touch R toe fwd, slightly across front of left, touch R toe out to R
- 7-8 Touch R toe fwd, slightly across front of left, flick right back

•□Styling option: Flick with attitude, rising onto ball of left foot, extending left arm & looking back right, if desired.

Begin again & have a great time, love, Judith x

Thank you, Arthur for finding this fun music

Contact: judithkennedy97@yahoo.co.uk

Last Update - 6th October 2014