

# Safety Dance

**Compte:** 32

**Mur:** 2

**Niveau:** High Improver

**Chorégraphe:** Nathan Gardiner (SCO) - September 2014

**Musique:** Safety Dance (Glee Cast Version) - Glee Cast



**Intro: 48 counts start on vocals - No Tags or Restarts**

## **MAMBO STEP, COASTER STEP, HEEL SWITCHES, STEP 1/4 LEFT**

- 1&2 Rock forward on right, Recover on left, Step back on right  
3&4 Step back on left, Step right next to left, Step forward on left  
5&6& Touch right heel forward, Step back in place, Touch left heel forward, Step back in place  
7-8 Step forward on right, Turn 1/4 left

## **CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR 1/4 LEFT**

- 1-2 Cross step right over left, Step left to left side  
3&4 Step right behind left, Step left to left side, Step right to right side  
5-6 Cross step left over right, Step right to right side  
7&8 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side

## **CROSS SAMBA, CROSS SAMBA, TOE SWITCHES, HEEL SWITCHES**

- 1&2 Cross step right over left, Rock out to left side, Recover on right  
3&4 Cross step left over right, Rock out to right side, Recover on left  
5&6& Point right toes to right side, Step back in place, Point left toes out to left side, Step back in place  
7&8& Touch right heel forward, Step back in place, Touch left heel forward, Step back in place

## **STEP 1/4 LEFT, CROSS SHUFFLE, STEP 1/4 RIGHT, LEFT SHUFFLE FORWARD**

- 1-2 Step forward on right, Turn 1/4 left  
3&4 Cross step right over left, Step left to left side, Cross step right over left  
5-6 Step forward on left, Turn 1/4 right  
7&8 Step forward on left, Step right next to left, Step forward on left

**Start Again.....Happy Dancing**

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