|  |  |
| --- | --- |
| Roly Poly |  |

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| . | | | | | | |
| **Compte:** | 64 | **Mur:** | 2 | **Niveau:** | Easy Intermediate | . |
| **Chorégraphe:** | Jeine Kintli Kilisan (MY) - August 2012 | | | | |
| **Musique:** | Roly-Poly - T-ara | | | | |
| . | | | | | | |

**Start after 64 counts - Sequence: 64 , 64, tag(4), 64, 64 Bridge(32), 64, 32**

**(TAP HEEL TWICE, SAILOR STEP) 2 TIMES**

|  |  |
| --- | --- |
| 1 – 2 | Tap R heel diagonally R twice |

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| --- | --- |
| 3&4 | R step behind L, L step L, R step R |

|  |  |
| --- | --- |
| 5 – 6 | Tap L heel diagonally L twice |

|  |  |
| --- | --- |
| 7&8 | L step behind R, R step R, L step L |

**SIDE, TOUCH, SIDE, TOUCH, SIDE, KNEE BOUNCING, KICK**

|  |  |
| --- | --- |
| 1 – 4 | R step R, L touch by R, L step L, R touch by R |

|  |  |
| --- | --- |
| 5 – 8 | R step R, leaning to the R bounce R knee & shimmy shoulders, L kick diag L |

|  |  |
| --- | --- |
| 1 – 4 | L step L, R touch by L, R step R, L touch by R |

|  |  |
| --- | --- |
| 5 – 8 | L step L, leaning to the L bounce L knee & shimmy shoulders, R kick diag R |

**JAZZ BOX POINT, BEHIND, POINT, BEHIND POINT**

|  |  |
| --- | --- |
| 1 – 4 | R step over L, recover on L, R step R, L point L |

|  |  |
| --- | --- |
| 5 – 8 | L step behind R, R point R, R step behind L, L point L |

**WALK FORWARD, ½ TURN, OUT OUT, HEELS, TOES, HEELS**

|  |  |
| --- | --- |
| 1 – 4 | Walk forward L-R-L, turn ½ R (6.00) |

|  |  |
| --- | --- |
| 5 – 6 | L step out, R step out |

|  |  |
| --- | --- |
| 7&8 | Swivel heels in, toes in, heels in |

**FORWARD, ¼ L, BACK, UNWIND ½ R**

|  |  |
| --- | --- |
| 1 – 2 | R step forward, recover on L turning ¼ L (3.00) |

|  |  |
| --- | --- |
| 3 – 6 | Walk back R-L-R-L |

|  |  |
| --- | --- |
| 7 – 8 | R step behind L, unwind ½ R (9.00) |

**WALK BACK, ¼ R TURN, SLIDE**

|  |  |
| --- | --- |
| 1 – 4 | Walk back R-L-R-L |

|  |  |
| --- | --- |
| 5 – 8 | L step forward, slide R to L, ¼ R turn step R, slide L to R (12.00) |

**FORWARD, TURN-SLIDE, TURN, SLIDE, SWAY, KICK**

|  |  |
| --- | --- |
| 1 – 2 | L step forward, slide R to L turning ¼ R |

|  |  |
| --- | --- |
| 3 – 4 | Turning ¼ R step R forward, slide L to R |

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| --- | --- |
| 5 – 8 | Sway L-R-L, kick R |

**BRIDGE:**

**(FORWARD, TURN-FLICK, SHUFFLE) TWICE**

|  |  |
| --- | --- |
| 1 – 2 | R step forward, turning ½ L flick R back |

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| --- | --- |
| 3&4 | Shuffle forward R-L-R |

|  |  |
| --- | --- |
| 5 – 6 | L step forward, turning ½ R flick L back |

|  |  |
| --- | --- |
| 7&8 | Shuffle forward L-R-L |

**(VINE, FLICK) TWICE**

|  |  |
| --- | --- |
| 1 – 4 | R step over L, L step L, R step behind L, L flick L |

|  |  |
| --- | --- |
| 5 – 8 | L step over R, R step R, L step behind R, R flick R |

**(CROSS POINT) 4 TIMES**

|  |  |
| --- | --- |
| 1 – 4 | R step over L, L point L, L step over R, R point R |

|  |  |
| --- | --- |
| 5 – 8 | R step BEHIND L, L point L, L step BEHIND R, R point R |

**SWAY, HOLD, SWAY, HOLD, SWAY**

|  |  |
| --- | --- |
| 1 – 4 | R sway R, hold, L sway L, hold |

|  |  |
| --- | --- |
| 5 – 8 | Sway R-L-R-L |

**TAG:**

|  |  |
| --- | --- |
| 1 – 2 | R long step R, slide L to R |

|  |  |
| --- | --- |
| 3 – 4 | L long step L, slide R to L |

**Cheers & God bless.**