

# Shake It Off People

**COPPER** **KNOB**  
BY STEPHEN METZ

Count: 96

Wall: 2

Level: Phrased Intermediate Pop

Choreographer: Sobrielo Philip Gene (SG) - August 2014

Music: Shake It Off - Taylor Swift



Sequence: A (12:00), B(6:00), A(12:00), A(6:00), B(12:00), A(6:00), A(12:00), B-(6:00), TAG,(12:00), A(12:00),A(6:00)

Intro 16 counts

## Part A – 64 counts

### STEP TOUCH, STEP KICK, WEAVE

- 1-2 Step right to right(1), touch left beside right(2)
- 3-4 step left to left(3), kick right forward diagonally right(4)
- 5-8 Step right behind left(5), step left to left (6), cross right over left(7), step left to left(8)(12:00)

### \*1/4 TURN ROCK BACK RECOVER, STEP, STEP FORWARD, TWIST, KICK

- 1-2 Turning 1/4 right, rock right back(1), recover weight onto left(2)
- 3-4 Step right forward (3), step left in front of right(4)(3:00)
- 5-6 Twist heels to left(5), twist heels to right
- 7-8 Twist heels to centre, making sure weight ends on left(7), kick right forward(8)(3:00)

### JAZZ BOX 1/4, JAZZ BOX 1/4

- 1-4 Cross right over left(1), step left back (2), making 1/4 right step right to right (3), step left beside right (4)(6:00)
- 5-8 Cross right over left(5), step left back (6), making 1/4 right step right to right (7), step left beside right (8)(9:00)

### POINT CROSS, POINT CROSS, ROCK RECOVER, 1/4 STEP CROSS

- 1-2 Point right to right (1) Cross right in front of left(2), ,
- 3-4 Point left to left(3)Cross left in front of right(4),
- 5-6 Rock right forward(5), recover weight onto left(6)
- 7-8 Making 1/4 right step right to right(7), cross left over right(8)(12:00)

### SIDE ROCK BACK ROCK, PADDLE/HIP ROLLS 1/4 TURN,

- 1-2 Rock right to right(1), recover weight onto left(2)
  - 3-4 Rock right back(3), recover weight onto left(4)
  - 5-8 Do 2 1/8 paddle turns or anti-clockwise hip rolls making a 1/4 turn left (9:00) (weight on left)
- (2 counts each)

### FORWARD ROCK SIDE ROCK, PADDLE/HIP ROLLS 1/4 TURN

- 1-2 Rock right forward(1), recover weight onto left(2)
- 3-4 Rock right to right(3), recover weight onto left(4)
- 7-8 Do 2 1/8 paddle turns or anti-clockwise hip rolls making a 1/4 turn left(6:00) (weight on left)(2 counts each)

### WALKS FORWARD KICK, WALKS BACK STEP

- 1-4 Walk forward R L,R (1-3), kick L forward (4)
  - 5-8 Walk back L,R,(5-6), step left back to left (7)step right to right(8)
- (feet apart)(6:00)

### HIP BUMPS, JUMP FORWARD, HOLD, DUST

- 1-2 Bump hips to the right twice(1-2)
- 3-4 Bump hips to the left twice(3-4)

&5-6 Jump forward right(&), Step left slightly to left(5), hold (6)  
7-8 Using right hand dust left shoulder(7),using left hand dust right shoulder(8)

**Part B – 32 counts**

**DIAGONAL STEP HEEL TOUCHES**

1-2 Step right diagonally forward to right(1),Touch left heel beside right(2)  
3-4 Step left diagonally forward to left(3), Touch right heel beside left(4)  
5-6 Step right diagonally forward to right(5),Touch left heel beside right(6)  
7-8 Step left diagonally forward to left(7), Touch right heel beside left(8)

**ROCKING CHAIR, PIVOT 1/2, STOMPS**

1-4 Rock right forward (1), recover weight onto left (2), Rock right back (3), recover weight onto left (4)  
5-6 Step right forward(5), pivot 1/2 left (6)(weight on left)  
7-8 Stomp right beside left twice (7-8)(weight on left)

**SIDE CROSS SIDE KICK(R),SIDE CROSS SIDE KICK(L),**

1-4 Step right to right(1), cross left over right(2), step right to right(3), kick left diagonally to left(4)  
5-8 Step left to left(5), cross right over left(6), step left to left (7), kick right diagonally to right (8)

**BACK ROCK, STEP FORWARD SIDE, TWIST, CLAP(3x)**

1-2 Rock right back (1), recover weight onto left (2),  
3-4 Step right forward to right(3), step left to left(4),  
5-8 Twist heels to left bringing right heel up (5) clap 3 times(6-8)

**TAG: Do up to Count 29 of B.**

**After the twist, shimmy or shake shoulders to hit the accents for the words "Shake, Shake, Shake"(6-8). Hold for 4 counts(1-4), point right to right(5) and clap (6-8).**

**Contact: Submitted By – Yeo Yu Puay - yeoy95@gmail.com**

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