

# Take This Heart

Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: Debbie Ellis (ES) - August 2014

Music: Take This Heart - Richard Marx : (Album: Greatest Hits)



**Intro – 24 counts from heavy beat, Start on vocals.**

**Walk, Walk, Kick Ball Change x2, Forward Rock, Recover.**

- 1 - 2 Step fwd Right , Left.
- 3 & 4 Kick Right fwd, Recover on ball of Right, step Left in place.\* wall 3
- 5 & 6 Kick Right fwd, Recover on ball of Right, step Left in place.
- 7 - 8 Rock fwd on Right, Recover on Left. 12:00

**Shuffle ½ Turn x2, Back, Drag, & Walk, Walk.**

- 1 & 2 Make ½ turn Right, shuffling ( R,L,R).
- 3 & 4 Make ½ turn Right, shuffling ( L,R,L).
- 5 – 6 Long step back on Right, drag Left towards Right.
- &7 – 8 Step Left in place, step fwd, Right, Left. 12:00

**\*Easier option for counts 1 – 4**

**\*1&2 Shuffle back ( R,L,R).**

**\*3&4 Shuffle back ( L,R,L).**

**Side Rock, Cross Shuffle x2.**

- 1 – 2 Rock Right to Right Side, Recover on Left.
- 3 & 4 Cross Right over Left, step Left to Left side, cross Right over Left.
- 5 – 6 Rock Left to Left side, Recover on Right.
- 7&8 Cross Left over Right, step Right to Right side, cross Left over Right.\* wall 6

**Side, Behind, Chasse ¼ Turn, Step, Pivot, Shuffle.**

- 1 - 2 Step Right to Right side, cross Left behind Right.
- 3 & 4 Step Right to Right side, close Left beside Right, step Right fwd making ¼ turn Right.
- 5 - 6 Step Left fwd, pivot ½ turn Right, ( weight on Right).
- 7 & 8 Step Left fwd, close Right beside Left, step Left fwd. 9:00

**Cross Point, Cross Point, Cross, Unwind, Coaster Step.**

- 1 - 2 Cross Right over Left, point Left toe to Left side.
- 3 – 4 Cross Left over Right, point Right toe to Right side.
- 5 - 6 Cross Right over Left, unwind ½ turn Left, ( weight on Right).
- 7 & 8 Step Left back, close Right beside Left, step Left fwd. 3:00

**Cross Point, Cross Point, Forward Rock, Full Turn, ( ½ turn into start of dance).**

- 1 - 2 Cross Right over Left, point Left toe to Left side.
- 3 – 4 Cross Left over Right, point Right toe to Right side.
- 5 – 6 Rock fwd on Right, Recover on Left.
- 7 – 8 make ½ turn Right stepping fwd on Right, make ½ turn Right stepping back on Left. 3:00

**( Note – On count 1 make another ½ turn into the the start of the dance). 9:00**

**\*Easier option – for counts 5 – 8**

**\*5 – 6 Rock fwd on Right , Recover on Left.**

**\*7 – 8 Make ½ turn Right, walk fwd Right, Left.**

**Start dance from count 1 facing 9:00**

**Restarts\* -**

During wall 3: dance up to count 4 (the first kick ball change) then Restart facing 6:00  
During wall 6: dance up to count 24, then Restart facing 12:00

Contact: [dance\\_deb@yahoo.co.uk](mailto:dance_deb@yahoo.co.uk)

---