

# Between The Buns (P)

**COPPER** KNOB  
STEPPERS

Count: 32

Wall: 0

Level: Beginner Plus Partner

Choreographer: Greg Van Zilen (USA) - August 2014

Music: Headin' West - Dan Seals



Step description by Outta Line Country Dance Instruction

Alt. music: Hot Dog by Led Zeppelin

Intro: Start dance after first 16 beats of music - Partner Dance / Mirror Footwork

Starting Position: Single hand-hold, Man's right to Ladies left

Note: Steps listed are for Man; Lady starts with left foot and mirrors Man

**Kick-ball-change (2x), step, ½ turn, step, ½ turn**

1&2 Kick right foot forward, step on ball of right foot, step left foot in place.

3&4 Kick right foot forward, step on ball of right foot, step left foot in place.

5,6 Step right foot forward; ½ turn left weighting left foot.

7,8 Step right foot forward; ½ turn left weighting left foot.

**Release hands on count 4.**

**Lindy**

9&10 Step right foot to side, step left foot next to right, step right foot to side.

11,12 Step left foot back; replace weight onto right foot.

13&14 Step left foot to side, step right foot next to left, step left foot to side.

15,16 Step right foot back; replace weight onto left foot.

**Briefly pick up then release new inside hands on counts 13-14; rejoin original hands on count 16.**

**Lady will pass in front of Man both times.**

**Shuffle forward**

17&18 Step right foot forward, step left foot next to right, step right foot forward.

19&20 Step left foot forward, step right foot next to left, step left foot forward.

21&22 Step right foot forward, step left foot next to right, step right foot forward.

23&24 Step left foot forward, step right foot next to left, step left foot forward.

**#1st shuffle turning slightly away from partner; 2nd toward partner and touching forward hands.**

**Repeat for shuffles 3 and 4.**

**Stomp, stomp, hip bumps**

25,26 Stomp right foot forward; stomp left foot slightly apart from right.

27&28 Bump hips right, center, right.

29&30 Bump hips left, center, left.

31,32 Bump hips right, left.

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