

High (in the sky)

Count: 128

Wall: 1

Level: Intermediate

Choreographer: Stephan Lawson (FR) - July 2014

Music: High (Radio Edit) - Lighthouse Family



Phrasé : A –B-C -A-B-C Tag – B – C-C-C

No stress – More easier than it looks !

PART A: (64 counts)

[1-8] VINE, SCUFF, JAZZ BOX, TOUCH

1-4 Right vine , Scuff LF

5-8 Jazz Box LF, Touch RF

[9-16] SIDE SHUFFLE, ROCK BACK, SIDE ROCK, ½ STEP TURN

1&2 Right side shuffle

3,4 Rock back LF

5,6 Left side rock on LF

7,8 Left step forward, right ½ turn

[17-24] SIDE, TOUCH, SIDE, TOUCH, SIDE, HOLD, RECOVER, SIDE, TOUCH

1-4 LF to left side, right touch RF beside, RF to right side, touch LF beside

5-6 LF to left side, Hold

&7-8 Recover RF beside, LF to left side, Touch RF beside

[25-32] SIDE, HOLD, RECOVER, SIDE, TOUCH, ROCKING CHAIR

1-2 RF to right side, Hold

&3-4 Recover LF beside, RF to right side, Touch LF beside

5-8 Rocking chair LF

[33-40] VINE, SCUFF, JAZZ BOX, TOUCH

1-4 Left vine, Scuff RF

5-8 Jazz Box RG, Touch LF

[41-48] SIDE SHUFFLE, ROCK BACK, SIDE ROCK, ½ STEP TURN

1&2 Left side shuffle

3-4 Rock back RF

5-6 Right side rock on RF

7-8 RF forward, Left ½ turn

[49-56] SIDE, TOUCH, SIDE, TOUCH, SIDE, HOLD, RECOVER, SIDE, TOUCH

1-4 RF to right side, Touch LF beside, LF to left side, touch RF beside

5-6 RF to right side, Hold

&7-8 Recover LF beside, RF to right side , Touch LF beside

[57-64] SIDE, HOLD, RECOVER, SIDE, TOUCH, ROCKING CHAIR

1-2 LF to left side, Hold

&3-4 Recover RF beside, LF to left side Touch RF beside

5-8 Rocking chair RF

PART B: (32 counts)

[1-8] RIGHT POINT ,LEFT ¼ TURN FLICK, BACK, HEEL, HOLD, CROSS, HOLD, CROSS

1-2&3-4 Right point forward, Flick RF with left ¼ turn, RF back, Left heel forward, Hold

&5-6 Recover LF beside, Cross RF over LF, Hold
&7&8 Cross and cross RF over LF

[9-16] SIDE ROCK, SAILOR STEP, JAZZ BOX

1-2 Left side rock on LF
3&4 Left ¼ turn Sailor step
5-8 Jazz Box RF

[17-32] Dance again last 16 counts (1-16)

PART C : (32 counts)

[1-8] ½ MONTEREY TURN SWEEP CROSS, ¼ MONTEREY TURN, SWEEP CROSS

1-4 Right point to right side , right /2 turn, sweep LF, cross LF over RF
5-8 Right point to right side, right ¼ turn, sweep LF, cross LF over RF

[9-16] RIGHT ROLLING SHUFFLE VINE, , OUT, OUT , BACK, TOUCH

1-2-3&4 Right rolling vine ,side shuffle
5-8 LF to left diagonal Forward, RF to right diagonal forward, LF back , Touch ½ turn right on RF
(turn your head to the Right side)

[17-24] STEP TURN, STEP, ½ TURN, FORWARD SHUFFLE, CROSS, BACK

1-4 RF forward, left ½ turn, RF forward, right ½ turn (LF back)
5&6 Right ½ turn shuffle on RF
7-8 Cross LF over RF, Back RF

[25-32] COASTER STEP, STEP TURN, BUMP, BUMP

1&2 Left Coaster step
3-4 RF forward, left ¼ turn
5-8 Bump to right side (x2) , Bump to left side (x2)

TAG: (16 counts) You must dance this 8 counts - two times

[1-8] FORWARD ROCK STEP, COASTER STEP, STEP TURN, TOUCH RECOVER (X 2)

1-2 Forward rock step on RF
3&4 Coaster step RF
5-6 LF forward, right ½ turn
7-8 Touch LF to left side, Recover LF beside

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Last Update - 16th July 2014
