

# Clean Up Woman

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Rémy de Beaumont (NL) - July 2014

Music: Clean Up Woman - Betty Wright



The dance starts after 24 counts

## Step right, touch left, left coaster step, right side rock, cross, chassé left

- 1-2 RF long step to right side, LF touch next to RF  
3&4 LF step back, RF step back on ball foot next to LF, LF step forward  
5&6 RF rock to right side, weight back on LF, RF cross over LF  
7&8 LF step to left side, RF step next to LF, LF step to left side

## Right sailor step ¼ right, left step lock step, right step lock step, left mambo step forward

- 1&2 RF sweep behind LF with ¼ step turning right, LF step next to RF, RF step forward  
3&4 LF step diagonal left forward, RF lock behind LF, LF step diagonal left forward  
5&6 RF step diagonal right forward, LF lock behind RF, RF step diagonal right forward  
7&8 LF rock forward, weight back on RF, LF step next to RF

## Right back lock back, left back lock back, touch back, ½ turn right, cross shuffle

- 1&2 RF step back behind LF, LF lock before RF, RF step back behind LF  
3&4 LF stap achter RV, RF lock voor LV, LF stap achter  
5-6 RF touch toe behind LF, weight on LF and toe RF making ½ turn to right side  
7&8 LF cross over RF, RF step to right side, LF cross over RF

## Step right back 1/4 turn left, step left beside, Cross shuffle, Weave left, Side rock cross

- 1-2 RF step back making ¼ turn left, LF step next to RF  
3&4 RF cross over LF, LF step to left side, RF cross over LF  
5&6& LF step to left side, RF step behind LF, LF step to left side, RF cross over LF  
7&8 LF rock to left side, weight RF, LF cross over RF\*\*\*restartpoint

## Side rock right, weave left, side rock left, weave right

- 1-2 RF rock to right side, weight back on left foot  
3&4 RF step behind LF, LF step to left side, RF cross over LF  
5-6 LF rock to left side, weight back to RF  
7&8 LF step behind RF, RF step to ride side, LF cross over RF

## Right rock forward, Recover, Coaster step, , Cross & cross &, Cross shuffle

- 1-2 RF rock forward , weight back on LF  
3&4 RF step back , LF step back on ball foot next to RF, RF step forward  
5&6& LF cross over RF, RF step to right side, LF cross over RF, RF step to right side  
7&8 LF cross over RF, RF step to right side, LF cross over RF

Begin opnieuw

\*\*\*Restart in 3e wall after count 32

End the dance after count 44 with: sailor 1/2 right

Much pleasure

Contact: [remydebeaumont@hotmail.com](mailto:remydebeaumont@hotmail.com)

