

Only Love

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Linda Burgess (AUS) - June 2014

Music: Only Love Can Hurt Like This - Paloma Faith : (Album: A Perfect Contradiction, Deluxe - iTunes)



Intro: Start after 24 beats. - Start with weight on L.

[1-8] □ □ SIDE, BACK/ROCK, SIDE, BEHIND, ¼ , PIVOT ½ , FULL TURN

1,2&3,4& Big step R dragging L, rock/step L behind R, replace weight to R, big step to L dragging R, cross/step R behind L, turn ¼ L & step fwd L

5,6,7,8 Step fwd R, pivot ½ turn L (weight L), turn ½ L & step back R, turn ½ L & step fwd L

[9-16] □ □ PIVOT ¼ , CROSS, ½ TURN, CROSS, ½ TURN, SWAY, SWAY

1,2,3&4 Step fwd R, pivot ¼ turn L, cross/step R over L, turn ¼ R & step back L, turn ¼ R & step R to R side,

5&6,7,8 Cross/step L over R, turn ¼ L & step back R, turn ¼ L & step L to L side, sway R, sway L (weight L)

[17-24] □ □ SAILOR FWD, PIVOT ½ , STEP, UNWIND, STEP, UNWIND

1&2,3,4 Cross/step R behind L, step L to L, step fwd R, step fwd L, pivot ½ turn R (weight R)

&5,6&7,8 Hop/Step fwd L, touch R behind L (5), unwind 360deg R, (weight R) (6), hop/step fwd L, touch R behind L (7), unwind 360deg R, (weight R) (8)

[25-32] PIVOT ¼ , CROSS/SHUFFLE, TOGETHER, SIDE/Drag, ROCK/REPLACE, SIDE SHUFFLE

1,2,3&4 Step fwd L, pivot ¼ turn R, cross/step L over R, step R to R, cross/step L over R

&5,6&7&8 Step R beside L, big step L (dragging R), rock/step R behind L, replace weight to L, step R to R, step L beside R, step R to R

[33-40] SAILOR ½ , BOX STEP FWD, 1 X SLOW PIVOT ½ , 2 X QUICK PIVOTS ½

1&2,3&4 Cross/step L behind R, turn ½ L & step R beside L, step fwd L, step R to R, step L beside R, step fwd R

5,6&7&8 Step fwd L, pivot ½ turn R, step fwd L, pivot ½ turn R, step fwd L, pivot ½ turn R

(1 slow ½ pivot, then 2 quick ½ pivots)

[41-48] □ □ STEP, SIDE/ROCK/REPLACE, CROSS, ¾ TURN R, WALK, WALK, STEP, PIVOT ¼ , CROSS □

1,2&3,4& Step fwd L, rock/step R to R, replace weight to L, cross/step R over L, turn ¼ R & step back L, turn ½ R & step fwd R

5,6,7&8 Step fwd L, step fwd R, step fwd L, pivot ¼ R, cross/step L over R.

Restarts: □

Wall 2. Dance counts 1-24... finish with weight on L. Restart dance facing (3.00)

Wall 5. Dance counts 1-24... finish with weight on L... HOLD that position for 6 beats & Restart with the word "THIS".. (you are facing (3.00))

Tag: End of Wall 4... you are facing 9.00, add the following:-

1,2,3,4 Step R to R, touch L beside R /optional click fingers, step L to L, touch R beside L/ click fingers. ...

Finish: □ Dance counts 1-24, then step fwd L (1) & pivot ¾ turn Right to front (2), big step L drag R to L.(3)

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