

# How I Feel

**COPPER** KNOB  
BY STEPHEN METZ

Count: 32

Wall: 2

Level: Improver

Choreographer: Taren Gaia (SA) - June 2014

Music: How I Feel - Flo Rida



Intro: □32 counts

**[1-8]□□Walk, Walk, Out, Out, Ball Cross, Side Rock, Behind Side Cross**

- 1-2 step RF fwd, step LF fwd
- &3 step RF to R side, step LF to L side
- &4 step RF back to center, step LF over RF
- 5-6 step RF to R side, recover weight onto LF
- 7&8 step RF behind LF, step LF to L side, step RF over LF

**[1-8]□Side Rock Recover, 1/4 Sailor Step, 4 X Walks Forward**

- 1-2 step LF to L side, recover weight onto RF
- 3&4 step LF behind RF, making 1/4 turn L step RF to R side, step LF fwd (9:00)
- 5-6 step RF fwd, step LF fwd
- 7-8 step RF fwd, step LF fwd

**[1-8]□Syncopated Jazz Box, Step Tap, 1/4 Turn Step Tap, Hip Bump**

- 1-2 step RF over LF, step LF back
- &3-4 step RF to R side, step LF over RF, step RF to R side
- 5-6 tap LF to RF, making 1/4 turn L step LF fwd (6:00)
- 7&8 tap RF to LF, lift R hip, recover to neutral

**[1-8]□Shuffle Fwd, Rock Recover, 2 X Walks Back, Coaster Step**

- 1&2 Step RF fwd, step LF to RF, step RF fwd
- 3-4 Step LF fwd, recover weight onto RF
- 5-6 step LF back, step RF back
- 7&8 step LF back, step RF to LF, step LF fwd

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