

Smack Dab

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Helaine Norman (USA) - May 2014

Music: Smack Dab in the Middle - Ray Charles : (Album: His Greatest Hits Vol. 1)



Intro: 32 counts

Right Lindy, Stomp Fan Out In Out, Hitch Behind

1&2, 3 4 Triple step to side (RLR), Rock L back, Recover R forward
5 6 7 8 Stomp L, Fan ball of foot out, in out (LRL), Lift foot behind R

Left Lindy, Kick Step X 2

1&2, 3 4 Triple step to side (LRL), Rock R back, Recover L forward,
5 6 7 8 Kick R, Step L beside, Kick L, Step R beside

K-Step

1 2 3 4 R Step forward diagonally, Touch L (beside R), L Step diagonally back, Touch R (beside L)
5 6 7 8 R Step back diagonally, Touch R (beside L), R Step diagonal forward, Touch L (beside R)

¼ Turn Right Box Step, Kick Ball Change, Rock Back & Forward

1 2 3 4 ¼ Turn right R Box Step,
5 6 R kick, step on R ball of foot, Change weight as you step on L beside R,
7 8 Rock back on R heel, Recover forward on R

Repeat dance.

Ending: Facing back wall – ½ turn Lindy to the right, step touch step touch

Last Update - 12th May 2015
