

# Cry Your Heart Out

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Charles & Sandra (UK) - May 2014

**Music:** Cry Your Heart Out - Olly Murs : (Album: Right Place Right Time)



**Intro: 16 counts**

**(Section 1) ¼ hold, Step ½, Step, Hold, Ball step, step**

- 1 2            Make ¼ turn Right stepping fwd on Right, Hold □3:00  
3 4            Step fwd on left, pivot ½ turn Right □9:00  
5 6            Step fwd on Left, Hold  
&7 8           Close Right beside left, Step fwd Left, Step Fwd Right

**(Section 2) Kick ball slide, ¼ toe turn, touch, sweep, hook, slide, ½ turn**

- 1&2           Kick Left Fwd, touch Left beside Right, slide Right toe back  
3 4            Make ¼ turn Right transferring weight onto right, touch Left toe fwd □12:00  
5&6           Sweep Left from front to back, Hook left behind Right knee, Slide Left down to floor  
7&8           Hold, Unwind ½ turn Left bouncing heels twice (weight on left) □6:00

**(Section 3) Step 1/8, step3/8, side, hold, together, rock recover**

- 1 2            Make 1/8 turn left stepping Right to diagonal as you roll hips, step Left together □4:30  
3 4            Make 3/8 turn left stepping Right to diagonal as you roll hips, step left together □12:00  
5 6            Step Right to Right side, Hold  
&7 8           close Left beside right, Rock out to right side, recover on left

**(Section 4) Cross, unwind, side, dip, recover, behind, ¾ turn, point hitch cross**

- 1 2            Cross Right over Left, Unwind full turn left  
3&4           Step Right to right side, Dip down bending knees, straighten up, (Weight on Left)  
5&6           Cross right behind left, Unwind ¾ Right bouncing heels twice □9:00  
7&8           Point Left to Left side, Hitch Left, Cross Left over Right

**(Section 5) Shuffle, step ½, full triple turn, step shuffle**

- 1&2           Step fwd Right into diagonal, Close left to Right, Step fwd Right □11:30  
3 4            Step fwd left, pivot ½ Right □4:30  
5&6           ½ turn Right stepping back on Left, ½ to Right stepping fwd on Right, Step fwd on Left □4:30  
7              Step fwd Right  
8&1           Make ¼ turn left stepping fwd on Left, close Right to Left, make ¼ turn Left stepping fwd □11:30

**(Section 6) Cross, ¼, Cross back, coaster step, step**

- 2 3            Cross right over left straightening up to side wall, make ¼ turn left stepping fwd on left □6:00  
4 5            Cross right over left, step back on Left  
6&7           Step Right Foot Back, Step Left Together, Step Right Fwd  
8              Step fwd Left

**Tag: danced at the end of wall 3**

- 1 2            step ½ pivot Left

**Bridge: On wall 5 dance the first 16 counts then add the following 4 counts:-  
(jazz box) and continue on from section3**

- 1 2            Cross Right over Left, Step Back on Left  
3 4            Step Right to right side, Step fwd Left

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