

# Jailhouse Rock

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Helaine Norman (USA) - May 2013

Music: Jailhouse Rock - Elvis Presley



**Intro: Start on vocal of "Going to a party at the county jail". No Tags Or Restarts!**

## **S1: LINDY RIGHT, ROCK RECOVER, 3-COUNT ROCKING CHAIR, HITCH**

1&2 Triple step right side side RLR  
3-4 Rock L behind, recover R  
5-6-7 Rock L forward, recover R, rock L back  
8 Hitch R

## **S2: TOE STRUTS BACK X 3, TOUCH, HOLD**

1-2 Touch R ball of foot back, let R heel down  
3-4 Touch L ball of foot back, let L heel down  
5-6 Touch R ball of foot back, let R heel down  
7 Touch L beside R  
8 Hold

## **S3: LINDY LEFT, ROCK RECOVER, 3-COUNT ROCKING CHAIR, HITCH**

1&2 Triple step left side LRL  
3-4 Rock R back, recover L  
5-6-7 Rock R forward, recover L back, rock R back  
8 Hitch L

## **S4: THREE STRUTS FORWARD, TOUCH, HOLD**

1-2 Touch L ball of foot forward, let L heel down  
3-4 Touch R ball of foot back, let R heel down  
5-6 Touch L ball of foot back, let L heel down  
7 Touch R beside L  
8 Hold

## **S5: ¼ RIGHT MONTEREY TURN, STRUTS BACK (all two times)**

1-2 Point R to right side, ¼ turn right R step beside L  
3-4 Point L to left side, step L beside R  
5-6 Touch R ball of foot back, let R heel down  
7-8 Touch L ball of foot back, let L heel down

## **S6: ¼ RIGHT MONTEREY TURN, STRUTS BACK (all two times)**

1-2 Point R to right side, ¼ turn right R step beside L  
3-4 Point L to left side, step L beside R  
5-6 Touch R ball of foot back, let R heel down  
7-8 Touch left ball of foot back, let left heel down

## **S7: RIGHT MAMBO FORWARD, LEFT MAMBO BACK**

1-2-3-4 Rock R forward, recover L in place, step R beside L, hold  
5-6-7, 8 Rock L back, recover R in place, step L beside R, hold

## **S8: TOE STRUTS FORWARD, SWAY KNEES AND HIPS x 3, HOLD (MIMIC ELVIS HIP AND ARM MOVEMENTS)**

1-2 Touch R toe forward, let R heel down  
3-4 Touch L toe forward, left L heel down

- 5 Bend R knee inward left while L knee remains straight (sway right hip to right at same time)
- 6 Bend L knee inward right while R knee remains straight (sway left hip to left at same time)
- 7 Bend R knee inward left while L knee remains straight (sway right to right at same time)
- 8 Hold (weight ends on L)

**Start dance again**

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**Last Update - 28th May 2015**

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