

La Dolce Vita

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Sadiyah Heggernes (NOR/UK) - March 2014

Music: La Dolce Vita - Soraya Arnelas : (Album: Dolce Vita - iTunes)



32 count intro – start during instrumental

Section 1: □ Side-Behind, Ball, Cross Shuffle, Side, Together, Chasse ¼ Turn R

1-2& Step R to R side. Cross L behind R. Step ball of R beside L
3&4 Cross L over R. Step R to R side. Cross L over R
5-6 Step R to side. Step L beside R [3.00]
7&8 Step R to side. Step L beside R. ¼ turn R. Step R forward

Section 2: □ Kick Ball Step, L Shuffle Forward, Step, ¾ Turn L, Step, Touch

1&2 Kick L forward. Step L beside R. Step R forward
3&4 Step L forward. Step R beside L. Step L forward **
5-6 Step R forward. ½ pivot L [9.00]
7-8 ¼ turn L. Step R to side. Touch L beside R [6.00]

****Ending here: see below □□□□□□□□**

Section 3: □ Side-Behind, Ball, Cross Shuffle, Side, Together, Chasse ¼ Turn L

1-2& Step L to L side. Cross R behind L. Step ball of L beside R
3&4 Cross R over L. Step L to L side. Cross R over L
5-6 Step L to side. Step R beside L
7&8 Step L to L side. Step R beside L. ¼ turn L. Step L forward □ [3.00]

Section 4: □ Step, ½ Turn R, Coaster Step, Step, ½ Turn L, Coaster Step

1-2 Step R forward. ½ turn R. Step back on L [9.00]
3&4 Step back on R. Step L beside R. Step R forward
5-6 Step L forward. ½ turn L. Step back on R [3.00]
7&8 Step back on L. Step R beside L. Step L forward

Section 5: □ Cross, Hold, Ball Cross, Point, Rolling Vine L

1-2 Cross R over L. Hold
&3-4 Step ball of L beside R. Cross R over L. Point L to side
5-6 ¼ turn L. Step down on L. ½ turn L. Step back on R.
7-8 ¼ turn L. Step L to side. Step R beside L

Section 6: □ Cross, Hold, Ball Cross, Point, ½ Turn R, Cross

1-2 Cross L over L. Hold
&3-4 Step R slightly to side. Cross L over R. Point R to R side
5-6 ¼ turn R. Step down on R. Step L forward [6.00]
7-8 ¼ pivot R. Cross L over R [9.00]

Ending : You will be facing 3.00 wall dance up to steps 3&4 (L Shuffle Forward) on Section 2 then make ¼ pivot L to bring you to 12.00 wall. Pose! Ta da!

Contact: sadiyah.heggernes@outlook.com