

# Built To Move

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 64

**Wall:** 2

**Level:** Phrased Low Intermediate

**Choreographer:** Betty Moses (USA) & Jamie Marshall (USA) - April 2014

**Music:** Built to Move (Sassy Girl's Anthem) - Cowboy Troy



**Intro: 32 counts – Phrasing: A,B,B,A,B,B,A- (first 16),B TO END  
(B IS THE CHORUS/INSTRUMENTAL PARTS)**

## **PART A (VERSE)**

### **[1-8] □CROSS TOE STRUT, BACK TOE STRUT, SWAY/SWAY, TRIPLE R**

- 1-2 Touch R toe over L, Drop R heel down
- 3-4 Touch L toe back, Drop L heel down
- 5-6 Step R to side swaying hips R, Sway hips L
- 7&8 Triple to the R (12:00)

### **[9-16] □CROSS, ¼ L, BACK TRIPLE 1/2 L ROCK, RECOVER, WALK, WALK □**

- 1-2 Cross L over R, Turn ¼ L, stepping R back (9:00)
- 3&4 Triple half turn L stepping L,R,L (6:00)
- 5-6 Rock R back, Recover onto L
- 7-8 Walk forward R,L (with attitude)

### **[17-24] ¼ Monterey Turn R, ¼ turn HEEL GRIND R, R COASTER**

- 1-2 Point R to R, Turn ¼ R stepping R next to L (9:00)
- 3-4 Point L to L, Step L next to R
- 5,6 R heel grind turning ¼ R (12:00)
- 7&8 Step R back, Step L next to R, Step R forward

### **[25-32] □JAZZ BOX, JAZZ TRIANGLE**

- 1-4 Cross L over R, Step back R, Step L to L, Brush R forward
- 5-8 Step R over L, Turn 1/8 L, stepping back on L, Step R to R, Step L next to R

## **PART B (CHORUS/INSTRUMENTAL)**

### **[1-8] □HIP BUMPS, COUNTER-CLOCKWISE HIP ROLL**

- 1-2 Step R to R as bump hips to R (2x)
- 3-4 Bump hips to R (2x)
- 5-8 Counter- clockwise hip rolls (2x)

### **[9-16] □¼ PIVOT STEPS WITH HIP ROLLS (2x), Cross Rock/Recover, Side Rock/Recover**

- 1-4 Step R to R, Pivot ¼ R, rolling hips counter-clockwise (2x) 6:00
- 5-6 Rock R over L, Recover on L
- 7-8 Rock R to side pushing hip out, Recover on L

### **[17-24] □Cross Back TRIPLE R, Jazz Box ¼ L, Brush**

- 1-2 Cross R over L, Step back on L
- 3&4 Triple to the R
- 5-8 Cross L over R, Step back on R turning ¼ L, Step L to side, Brush R forward (3:00)

### **[25-32] □STEP, HOLD W/ SNAP, PIVOT ½, HOLD (2X)**

- 1-2 Step R forward, Hold w/ Snap
- 3-4 Pivot ½ L, Stepping L in place
- 5-6 Step R forward, Hold w/ Snap
- 7-8 Pivot ½ L, Stepping L in place

B MOSES: [dorbmoses@msn.com](mailto:dorbmoses@msn.com) – [www.love2linedance.com](http://www.love2linedance.com)  
J MARSHALL: [thejamiemarshall@att.net](mailto:thejamiemarshall@att.net) – [www.ftwaynedanceforall.com](http://www.ftwaynedanceforall.com)

Last Update - 19th June 2014

---