

# How I Feel

**COPPER KNOB**  
STEPSHETS

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Kerry Maus (USA) - February 2014

**Music:** How I Feel - Flo Rida



## [4 count Intro]

### **Jazz box, step slide, rock recover**

- 1, 2 Cross R over L, Step L foot back
- 3, 4 Step R foot to R side, touch L foot beside R
- 5, 6 Take a large step to the L side with L foot, Slide R foot beside L
- 7, 8 Rock back on R foot, recover weight to L

### **Weave right, ½ turn brush, L side gallop, touch**

- 1, 2 Step R foot to R side, cross L behind R
- 3, 4 Step R foot to R side turning ¼, Brush L while making a ¼ turn to the R
- 5, 6 (Left side gallop) Step L foot to L side, Hold,
- &7, 8 Quickly step R beside L, step L side L, touch R beside L

### **Kick ball cross, step, lock, walk, walk, step touch**

- 1&2 (With feet angled 45° to the R), Kick R foot, step on R ball of foot, cross L over R
- 3, 4 Step R to R side, Lock L behind R
- 5, 6 Step R to R side, Cross L over R
- 7, 8 Step R to R side, Touch L beside R

### **Full Turn – ¼ Lock, ¼ Lock, ¼ Lock, ¼, touch**

- 1, 2 Make ¼ turn to L stepping forward on L, lock R behind L
- 3, 4 Make ¼ turn to L stepping forward on L, lock R behind L
- 5, 6 Make ¼ turn to L stepping forward on L, lock R behind L
- 7, 8 Make ¼ turn to L stepping forward on L, touch R beside L (end facing 9:00)

## [Repeat from the top]

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