

# Before I Met You

**Count:** 48

**Wall:** 2

**Level:** Improver - fast waltz

**Choreographer:** Claire Denney (CAN) - January 2014

**Music:** Before I Met You - Eddie Adcock Band : (Album: 20 Golden Country Waltzes - iTunes)



## **A: Forward, Ball Change, Coaster Step**

1-3 Left step forward, Right ball of foot step behind left heel, Left recover weight  
(body turns slightly 1:00)  
4-6 Right step back, Left step beside right, Right step forward  
(body returns 12:00)

## **B: Forward, Tap, Kick, Coaster Step**

1-3 Left step forward, Right tap beside left, Right low kick forward  
4-6 Right step back, Left step beside right, Right step forward

## **C: Forward, Ball Change, Coaster (same as Section A)**

1-3 Left step forward, Right ball of foot step behind left heel, Left recover weight  
(body turns slightly 1:00)  
4-6 Right step back, Left step beside right, Right step forward  
(body returns to 12:00)

## **D: Forward, Tap, Kick, Coaster Step (same as Section B)**

1-3 Left step forward, Right tap beside left, Right low kick forward  
4-6 Right step back, Left step beside right, Right step back

## **E 1/4 Left Waltz, Back, Drag, Touch**

1-3 Left step 1/4 turn left, Right step beside left, Left step beside right  
4-6 Right big step back, Left drag beside right, Left touch beside right

## **F: 1/4 Left Waltz, Back, Drag, Touch (same as Section E)**

1-3 Left step 1/4 turn left, Right step beside left, Left step beside right  
4-6 Right big step back, Left drag beside right, Left touch beside right

## **G: Step (turn body 1:00), Heel Drops, Coaster Step**

1-3 Left step left (turn body & toes 1:00 leave right toe in place), Right heel drops twice  
4-6 Right step back (12:00 wall), Left step beside right, Right step forward

## **H: Step (turn body 1:00), Heel Drops, Coaster (same as Section G)**

1-3 Left step left (turn body & toes 1:00 leave right toe in place), Right heel drops twice  
4-6 Right step back (12:00 wall), Left step beside right, Right step forward

**START AGAIN**

**Contact:** [claire.denney1@gmail.com](mailto:claire.denney1@gmail.com)