

Feelin' Alright

COPPER KNOB
BY STEPHEN BATES

Count: 32

Wall: 4

Level: Improver

Choreographer: Phil Carpenter (UK) - January 2014

Music: Sleepwalking - Lissie : (CD: Lissie - Single - iTunes)



32 Count Intro when main beat kicks in.

SECTION 1: RIGHT ROCK BACK, RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, RIGHT SHUFFLE FORWARD.

- 1 - 2 Right rock back, Recover weight on left.
- 3 & 4 Right step forward, Left step beside Right, Right step forward.
- 5 - 6 Walk forward Left, Right
- 7 & 8 Left step forward, Right step beside Left, Left step forward.

SECTION 2: RIGHT ROCK FORWARD, SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, LEFT SHUFFLE FORWARD.

- 9 - 10 Right rock forward, Recover weight on Left.
 - 11 & 12 Shuffle ½ turn Right stepping Right, Left, Right. 6.00
 - 13 - 14 ½ turn Right stepping Left forward, ½ Turn Right stepping Right forward. 6.00
- (Easier option, walk forward, Left, Right.)**
- 15 & 16 Left step forward, Right step beside Left, Left step forward.

SECTION 3: RIGHT ROCKING CHAIR, ¼ TURN LEFT, RIGHT CROSSING SHUFFLE,

- 17 - 18 Right rock forward, Recover weight on Left.
- 19 - 20 Right rock back, Recover weight on Left.
- 21 - 22 Right step forward, turn ¼ Left. 3.00
- 23 & 24 Right cross over Left, Left step to Left side, Right cross over Left.

SECTION 4: ¼ RIGHT X2, LEFT CROSS ROCK, LEFT SIDE, HOLD, & SIDE, TOUCH.

- 25 - 26 ¼ Right stepping back on Left, ¼ Right stepping right to Right side. 9.00
- 27 - 28 Left cross over Right, Recover weight on Right.
- 29 - 30 Left step to Left side, Hold
- & 31 - 32 Right step beside Left, Left step to Left side, Right touch beside Left. (W.O.L.)

REPEAT STEPS FACING NEW WALL - ENJOY AND HAVE FUN

*****Choreographers Note *****

End of Dance & Big Finish.

You will be facing 6.00, The singer goes into acapella mode, Dance up to step 20 then,

- 21 - 24 Right step forward, ½ pivot Turn Left, x2 (End facing front)

Contact: TEL: 01737 249368 - MOB 07557 969736 - EMAIL: philipcarpenter7@sky.com