

Tak 100%

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Harry Samana (INA) - January 2014

Music: Tak 100% - Astrid Sartiasari



Start dance on lyrics (count 16)

CROSS SHUFFLE 2x, ROCK SIDE RF-LF

- 1 cross Rf over Lf
- & step Lf to left side
- 2 cross Rf over Lf
- 3 rock Lf to left side
- 4 recover Rf
- 5 cross Lf over Rf
- & step Rf to Right side
- 6 cross Lf over Rf
- 7 rock Rf to right side
- 8 recover Lf

TOE HEEL STRUTS, KICK BALL CHANGE, WALK, HITCH

- 1 touch Lf toe forward
- 2 drop hell Lf in place
- 3 touch Lf toe forward
- 4 drop hell Rf in place
- 5 kick Rf forward
- & close Rf beside Lf
- 6 step Lf inplace
- 7 step Rf forward
- 8 hitch Lf

WALK BACK LF-RF-LF, KICK, WALK FORWARD RF-LF-RF, TOUCH

- 1 step Lf backward
- 2 step Rf backward
- 3 step Lf backward
- 4 kick Rf forward
- 5 step Rf forward
- 6 step Lf forward
- 7 step Rf forward
- 8 touch Lf beside Rf

LF TURN ¼ LEFT SWAY L-R-L, TOUCH, SWAY R-L-R, TOGETHER

- 1 Lf turn ¼ L step Lf to left side (sway)
- 2 sway to right
- 3 sway to left
- 4 touch Rf beside left
- 5 step Rf to right side (sway)
- 6 sway to left
- 7 sway to right
- 8 close Lf beside Rf

ENDING DANCE ON WALL 9 (12.00)

CROSS SHUFFLE 2x, ROCK SIDE RF-LF

- 1 cross Rf over Lf
- & step Lf to left side
- 2 cross Rf over Lf
- 3 rock Lf to left side
- 4 recover Rf
- 5 cross Lf over Rf
- & step Rf to Right side
- 6 cross Lf over Rf
- 7 rock Rf to right side
- 8 recover Lf

UNWIND FULL TURN (count 1-8)

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