

# Springsteen

Count: 32

Wall: 2

Level: Beginner WCS

Choreographer: Chrystel DURAND (FR) - June 2012

Music: Springsteen - Eric Church : (iTunes)



Intro : 16 counts

## [1 - 8] HEEL HOOK HEEL FLICK HEEL HOOK HEEL, RIGHT SHUFFLE, ROCK STEP BACK

- 1 & 2 Right heel fwd – right hook cross over left – right heel fwd
- &3 Right hook towards the outside - right heel fwd
- &4 Right hook cross over left – right heel fwd
- 5 & 6 Step right to right – Left next to right – step right to right
- 7 - 8 Rock left back – recover on right

## [9 – 16] HEEL HOOK HEEL FLICK HEEL HOOK HEEL, LEFT SHUFFLE, ROCK STEP BACK

- 1 & 2 Left heel fwd – left hook cross over right – left heel fwd
- &3 Left hook towards the outside – left heel fwd
- &4 Left hook cross over right – left heel fwd
- 5 & 6 Step left to left – Right next to left – step left to left
- 7 - 8 Rock back right – Recover on left

## [17 - 24] SHUFFLE RIGHT FWD, ROCK STEP FWD, ½ TURN L AND SHUFFLE L FWD, TOE STRUT BACK WITH ½ TURN RIGHT

- 1 & 2 Step right fwd – Left next to right – Step right fwd
- 3 - 4 Rock left fwd – Recover on right
- 5 & 6 ½ turn left and step left fwd – Right next to left – Step left fwd 6.00
- 7 - 8 Right toe back - ½ turn right and lower right heel 12.00

## [25 - 32] SHUFFLE LEFT FWD, STEP ¼ TURN LEFT (X 2) , HEEL AND TOE SWITCHES

- 1 & 2 Left step fwd – right next to left – left step fwd
- 3 - 4 Right step fwd - ¼ turn left (weight on left foot)
- 5 - 6 Right step fwd - ¼ turn left (weight on left foot) 6.00
- 7 & Right heel fwd – right next to left
- 8 & Left toe back – left next to right

Chrystel DURAND - BARAIL RANCH

13 Chemin des barails 17610 SAINT SAUVANT CHARENTE-MARITIME France

Tel: 33 05 46 91 84 19 email [barail.ranch@orange.fr](mailto:barail.ranch@orange.fr) website : <http://www.barailranch.site-fr.fr/>