

Oh No No Contra

Count: 64

Wall: 2

Level: Beginner - Contra

Choreographer: Sally Hung (TW) - December 2013

Music: Bernie Paul - Oh No No Remix 2000



Start to dance after 16 counts - No Tag, No Restart

The two lines are facing each other, dancers in staggered row

Intro (48 counts)

- 1-16 Walk in a clockwise circle for 16 counts (walk R - hold - walk L - hold, x 4)
17-24 Step R to R side, step L behind R, step R to R side, touch L beside R, step L to L side, step R behind R, step L to L side, touch R beside L
25-32 Ditto as 17-24
33-40 Walk fwd on R,L,R, kick L fwd, walk back on L,R,L, touch R beside L
41-48 Ditto as 33-40

Dance: 64 counts

S1. CHASSE R, ROCK BEHIND, RECOVER, CHASSE L, ROCK BEHIND, RECOVER

- 1&2,3,4 Step R to R side, close L beside R, step R to R side, rock L behind R, recover onto R
5&6,7,8 Step L to L side, close R beside L, step L to L side, rock R behind L, recover onto L

S2. WEAVE R, TOUCH, CHASSE L, ROCK BEHIND, RECOVER

- 1,2,3,4 Step R to R side, step L behind R, step R to R side, touch L beside R
5&6,7,8 Step L to L side, close R beside L, step L to L side, rock R behind L, recover onto L

S3. CROSS ROCK, RECOVER, TRIPLE STEP, CROSS ROCK, RECOVER TRIPLE STEP

- 1,2,3&4 Cross rock R over L, recover onto L, triple step on the spot R, L, R
5,6,7&8 Cross rock L over R, recover onto R, triple step on the spot L,R,L

S4. ROCKING CHAIR X2

- 1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L
5,6,7,8 Rock R fwd, recover onto L, rock back on R, recover onto L

*TWO DIFFERENT WAYS OF S5, CHOOSE ONE

S5. SHUFFLE FWD, ¼ TURN R SHUFFLE FWD, ¼ TURN R SHUFFLE FWD, SHUFFLE FWD

- 1&2,3&4 Shuffle fwd on RLR, ¼ turn R shuffle fwd on LRL
5&6,7&8 ¼ turn R shuffle fwd on RLR, shuffle fwd on LRL

S5. ¼ TURN R SHUFFLE FWD, ¼ TURN R SHUFFLE FWD, ¼ TURN R SHUFFLE FWD, ¼ TURN R SHUFFLE FWD

- 1&2,3&4 ¼ turn R shuffle fwd on RLR, ¼ turn R shuffle fwd on LRL
5&6,7&8 ¼ turn R shuffle fwd on RLR, ¼ turn R shuffle fwd on LRL

S6. KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

- 1,2,3&4 Kick R fwd, kick R diagonal R fwd, coaster step on RLR
5,6,7&8 Kick L fwd, kick L diagonal L fwd, coaster step on LRL

S7. ROCK RECOVER, COASTER STEP, ROCK RECOVER, COASTER STEP

- 1,2,3&4 Rock R diagonal fwd, recover onto L, coaster step on RLR
5,6,7&8 Rock L diagonal fwd, recover onto R, coaster step on LRL

S8. STEP, KICK, STEP, TOUCH, STEP KICK, STEP, TOUCH

- 1,2,3,4 Step R fwd, kick L fwd, step back on L, touch R beside L

5,6,7,8 Step R fwd, kick L fwd, step back on L, touch R beside L

Have Fun & Happy Dancing!

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