

Changes

COPPER **NOB**
BY STEPHEN

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Rene & Reg Mileham (UK) - December 2013

Music: I'm Gonna Change Everything - Al Grant : (CD: The Essential Jim Reeves)



Start intro count after the word "YEAH" - 16 count intro - 118 bpm

Section 1: Kickball change x 2. Rocking chair

- 1 & 2 Kick Right foot forward. Step Right beside Left. Step Left beside Right
- 3 & 4 Kick Right foot forward. Step Right beside Left. Step Left beside Right
- 5 - 6 Rock Right forward. Recover onto Left.
- 7 - 8 Rock Right back. Recover onto Left.

Section 2: Sway. Hold. Back rock. Recover. Repeat to Left

- 1 - 2 Sway Right out to side, turning to left diagonal.. Hold
- 3 - 4 Cross Left behind Right. Recover onto Right
- 5 - 6 Sway Left out to side, turning to right diagonal . Hold
- 7 - 8 Cross Right behind Left. Recover onto Left

Section 3: Side. Close. Heel strut forward. Side. Close. Toe strut back.

- 1 - 2 Step Right to side. Close Left beside Right
- 3 - 4 Right heel strut forward. Drop toe
- 5 - 6 Step Left to side. Close Right beside Left
- 7 - 8 Left toe strut back, Drop heel

Section 4: Sailor Step. Sailor ¼ turn. Sway. Sway. Sway. Sway.

- 1 & 2 Cross Right behind Left. Step Left to side. Step Right beside Left
- 3 & 4 Cross Left behind Right, turning ¼ left. Step Right to right side. Step Left to place. 9.00
- 5 - 6 Sway Right to side. Sway Left to side .
- 7 - 8 Sway Right to side. Sway Left to side .

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