

# The Story Of My Life

**COPPER** **KNOB**  
BY STEPHEN

Count: 64

Wall: 4

Level: Improver

Choreographer: Craig Bennett (UK) - November 2013

Music: Story of My Life - One Direction : (Album: Midnight Memories)



## [1-8] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover

- 1, 2 Rock right to right side, Recover back onto left
- 3&4 Cross right over left, Step left to left side, Cross right over left
- 5, 6 Rock left to left side, Recover on to right
- 7, 8 Rock back on left, Recover forward onto right

## [9-16] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover

- 1, 2 Rock left to left side, Recover back onto right
- 3&4 Cross left over right, Step right to right side, Cross left over right
- 5, 6 Rock right to right side, Recover onto left
- 7, 8 Rock back onto right, Recover forward onto left

## [17-24] Step 1/4 turn, Walk, Walk, Shuffle forward, Rock recover

- 1, 2 Step forward onto right, 1/4 turn pivot left (9:00)
- 3, 4 Walk forward right, Walk forward left
- 5&6 Step right foot forward, Step left next to right, Step forward onto right
- 7, 8 Rock forward onto left, Recover back onto right

## [25-32] Back sweep, Back sweep, Behind side, Cross shuffle

- 1, 2 Step back onto left, Sweep right around to back
- 3, 4 Step back onto right, Sweep left around to back
- 5, 6 Cross left behind right, Step right to right side
- 7&8 Cross left over right, Step right to right side, Cross left over right \*\*

## [33-40] Point Hold, Point Hold, Monterey 1/4 turn

- 1, 2 Point right to right side, Hold
- &3, 4 Step right next to left, Point left to left side, Hold
- &5, 6 Point right to right side, Make 1/4 turn right stepping right next to left (12:00)
- 7, 8 Point left to left side, Touch left next to right

## [41-48] Roll to Left, Shuffle 1/4 Turn Jazz Box 1/2 Turn

- 1, 2 1/4 turn left onto left foot, 1/2 turn left onto right foot
- 3&4 1/4 turn left onto left , 1/4 turn left bringing right next to left, step forward onto left (12:00)
- 5, 6 Cross right over left, step back on left
- 7, 8 Make 1/2 turn right onto right foot. Step forward left (6:00)

## [49-56] Step brush, Step brush, Right jazz box

- 1, 2 Step forward onto right, Brush left past right
- 3, 4 Step forward onto left, Brush right past left
- 5, 6 Cross right over left, Step back onto left
- 7, 8 Step right to right side, Step forward onto left

## [57-64] Rock forward recover, Rock back recover, 1/2 turn, 1/4 turn

- 1, 2 Rock forward onto right, Recover back onto left
- 3, 4 Rock back onto right, Recover forward onto left
- 5, 6 Step forward onto right, Make a 1/2 turn pivort left
- 7, 8 Step forward onto right, Make a 1/4 turn pivort left

**\*\*Restart dance on walls 2, 5 after count 32**

---