

One Rose

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Ng Jane (SG) - November 2013

Music: One Rose - Emilie Andersen : (Album: Walk With Me)



Intro: 16 counts

[1-8] Rumba Box

1-4 Step L fwd (1 hold 2) side step R, close L together (3 4)
5-8 Back R (5 hold 6) side step L, close R together (7 8)

[9-16] Side Step L, R Cross Rock , Recover, ¼ Turn R, L Pivot ¼ Turn R

1-4 Side step L (1 hold 2), R cross rock recover L (3 4)
5-8 ¼ turn R, step R fwd (5 hold 6), step L fwd pivot ¼ turn R, recover R (weight on R)

[17-24] L & R Anchor Step Sweep

1-4 Face diagonal R, rock L recover R, rock L sweep R from back to L diagonal (1-4)
5-8 Face diagonal L, rock R recover L, rock R sweep L from back to front (5-8)

[25-32] L Jazz Box ¼ L, L Scissor Cross

1-4 L cross, step back R ¼ turn L, side step L, R cross over L (1-4)
5-8 Side Step L, step R together , L cross hold (5 6 7 hold 8)

[33-40] R Scissor Cross, ¼ ¼ Turn R

1-4 Side step R, step L together, R cross over L (1 2 3 hold 4)
5-8 ¼ turn R step back L, ¼ turn R, side step R, step L fwd (5 6 7 hold 8)

[41-48] R Rocking Chair, R & L Cross Point

1-4 R fwd rock recover L, R back rock recover L
***Wall 4 change to R fwd Rock recover L, R step back, L touch beside R. (1-4)
5-8 Step R over L, point L to side, step L over R, point R to side R (5678)

[49-56] R Cross ½ Turn R, L Cross Rock Recover Side, R Cross Kick L

1-8 R cross over L, ¼ turn R, step back L, ¼ turn R, side step R, L cross rock recover R, side step L (1-6), R cross step over L, kick L diagonal L (7 8)

[57-64] Ronda L Over R, Cross Lock Step, L Back Rock Side Rock

1-4 Ronda L cross L lock over R, step R back, cross L lock over R, step R back (1-4)
5-8 L back rock recover R, L side rock recover R

Tags: -

End of Wall 1: 4 counts Sway LRLR

End of Wall 2: 8 counts Sway LRLR, add L Jazz Box. (L cross, step back R, side L, R close

Restart: Wall 4: Dance 44 counts, change rocking chair to, R fwd rock recover L, step back R, touch L beside R.

Ending: Wall 8: Dance 48 counts, after Rocking Chair, Cross Point, Cross Point, Cross R over L, unwind Full turn L, face front wall, open both arms pose.

Contact: janeng182@yahoo.com