

# Lay It On Me

**COPPER** **KNOB**  
BY SHEETS

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Harold Grimshaw (UK) - November 2013

**Music:** Lay It On Me - Tim Ash : (Album: Up on Blocks)



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## Section 1: Side, Cross Rock, Side Close Back, Back Rock, Back 1/2 Left

1-2-3 Long Step Right, Left Cross, Rock back onto Right  
4&5 Left Side, Close Right, Left back  
6-7 Right back, Rock forward onto Left  
8 (1/2 Left) Right Back

## Section 2: Back Rock, Back 1/2 Right, Shuffle 1/2 Turn, Side Rock, Cross, Side

1-2 Left Back, Rock forward onto Right  
3 (1 / 2 Right) Left Back  
4&5 (1 / 2 Right) Right Shuffle forward  
6&7 Left Side, Rock weight onto Right, Cross Left  
8 Right Side

## Section 3: Behind, Side Close 1/4, 1/4 Turn Rock Cross, Hinge 1/2 Turn Chasse

1 Left behind  
2&3 Right Side, Close, 1/4 Right  
4&5 (1/4 Right) Left Side Rock, Cross Left  
6 (1/4 Left) Right Back  
7&8 (1/4 Left) Left Side, Close, Side

## Section 4: Cross, Point, Behind, Side Close Forward, Mambo Rock, Touch

1-2-3 Cross Right, Point Left Side, Left behind  
4&5 Right Side, Close, Forward  
6&7 Left Forward, Rock back onto Right, Left Back  
8 Touch Right over Left

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