

Secret of Living

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 2

Level: Improver

Choreographer: Karen Holtom (UK) - October 2013

Music: The Secret of Living, by A Woman's Heart



Section 1: Brush brush toe strut, brush brush toe strut

- 1-2 Brush ball of right forward, brush ball of right back
- 3-4 Step forward on right toe, drop right heel
- 5-6 Brush ball of left forward, brush ball of left back
- 7-8 Step forward on left toe, drop left heel

Section 2: Back strut, back strut, side tap, ¼ tap

- 1-2 Step back on right toe, drop right heel
- 3-4 Step back on left toe, drop left heel
- 5-6 Step right to right side, tap left next to right
- 7-8 Turning 1/4 left step left to left side, tap right next to left

Section 3: Run right left right hitch, back back ¼ turn tap

- 1,2,3,4 Run forward right, left, right, hitch left
- 5,6,7,8 Run back left, right, turn ¼ left stepping onto left, tap right next to left

Section 4: ½ Monterey, ¼ Monterey

- 1-2 Touch right to right side. On ball of left make ½ turn right stepping right beside left.
- 3-4 Touch left to left side. Step left beside right.
- 5-6 Touch right to right side. On ball of left make ¼ turn right stepping right beside left.
- 7-8 Touch left to left side. Step left beside right.

Section 5: Behind side cross point, behind side cross point

- 1-2 Cross right behind left, step left to left side
- 3-4 Cross right over left, point left to left side
- 5-6 Cross left behind right, step right to right side
- 7-8 Cross left over right, point right to right side

Section 6: Strutting jazz box quarter turn right

- 1-2 Cross right toe over left, drop right heel
- 3-4 Touch left toe behind right, drop left heel
- 5-6 Turning ¼ turn right, step forward on right toe, drop right heel
- 7-8 Step forward left onto left heel, drop right toe

Section 7: Heel strut heel strut, back back back hitch

- 1-2 Step forward on right heel, drop right toe
- 3-4 Step forward on left heel, drop left toe
- 5,6,7,8 Run back right, left, right, hitch left

Section 8: Coaster step brush, jazz box on the spot

- 1,2,3,4 Step back left, step right beside left, step forward left, brush right
- 5-6 Cross right over left, step back on left
- 7-8 Step right to right side. Step left beside right.

TAGS: At the end of Walls 2, 5 and 7: Stomp right, stomp left.

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