# THIS is how WE do!



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Stine Emilie Nøding Hansen (NOR) - October 2013

Music: This Is How We Do - Katy Perry : (Album: Prism)



# \*\* Made for the girls in Rokkeflokken as a (very) delayed confirmation gift;) \*\*

# (8 count intro after beat starts)

# R sailor, hip bumps, coaster 1/4 turn left, R lock

1&2	Make a right sailor stepping right behind left, left next to right, touch right to right side
IXZ	INIANE A HUHI SAHUI SIEDDIHU HUHI DEHIHU IEH. IEH HEAL IO HUHI. IOUGH HUHI IO HUHI SIUE

3&4 Make two hip bumps to left putting weight onto right foot

5&6 Coaster step crossing left behind right, step right next to left, make 1/4 turn to the left stepping

forward on left

7&8 Make a right lock forward stepping right forward, lock left behind right, step right forward

# L chase turn, out-out, push back, hipbumps

1&2 Make a left chase turn stepping left forward. ½ over right shoulder s
---

forward

3-4 Step right foot out to right, step left foot out to left

5 Put your hands up in front of you and "push" yourself backward onto your heels &6 Step right back to the right, step left foot out to the left (moving hands downward)

7-8 Keep hands together in front of your hips, bump ass up to the left, bump ass up to the right

# L sailor, weave, hip sways with 1/4 turn left

1&2	Make a left sailor stepping left behind right, right to right side, left to left side
&3&4	Cross right behind left, step left to left side, cross right over left, step left to left side

5-6-7& Sway hips to left, right, left-right 8 Sway hip to left making 1/4 turn to left

#### R chase turn (prep), ¾ turn, rock-recover, step-kick, step-kick

1&2	Make a right chase turn stepping forv	vard on right. ½ turn over	left shoulder stepping left in

place, step forward on right (prepping for reverse turn)

3&4 Make a ¾ turn over right shoulder, turn ½ stepping back on left, ¼ turn stepping right to right

side, cross left over right

Rock right diagonally forward to right, recover on left
Step back on right and make a small kick forward with left
Step back on left and make a small kick forward with right

# TAG: There is a 16 count tag after wall 1 and 3

# Out-out, hold, bod yroll, kick, step, touch, twist X2

1& Step right to right side, step left to left side

2 Hold

3-4 Make a body roll angling body diagonally left and moving weight onto right foot

5& kick left forward, step left forward

6 Touch right next to right

7-8 Twist right knee to right twice turning body out of diagonal position

#### Out-out, hold, bod yroll, kick, step, touch, twist X2

1& Step right to right side, step left to left side

2 Hold

3-4 Make a body roll angling body diagonally left and moving weight onto right foot

5& kick left forward, step left forward

6 Touch right next to right

7-8 Twist right knee to right twice turning body out of diagonal position

RESTART: In wall 6 you dance the first 16 counts and start over

Also after wall 8 the music fades out, keep dancing! It will be back!

Hope you like it girls!;)

Contact: senodingh@hotmail.no