

# Can't Move On

**COPPER** **KNOB**  
BY STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver / Easy Intermediate

**Choreographer:** Sue Marshall (UK) - October 2013

**Music:** No Man's Land - Leanne Mitchell



## 8 Count Intro

### Section 1: STEP LEFT TO LEFT SIDE, DRAG RIGHT, BEHIND-SIDE-ACROSS, SIDE ROCK/RECOVER, ACROSS-ROCK-ROCK (Boto Fogo)

- 1 Step Left foot large step to left side
- 2 Drag Right toe towards Left foot
- 3&4 Step Right foot behind Left, step Left to left side, step Right across front of Left
- 5,6 Rock Left to left side, recover onto Right
- 7&8 Step Left across Right, small rock to right on Right, small rock to left on Left

### Section 2: CROSS, BACK, BACK-ACROSS-BACK, ROCK BACK, RECOVER & TURN, STEP BACK, POINT

- 1,2 Cross Right over Left, step back on Left
- 3&4 Step back on Right, cross Left over Right, step back on Right
- 5,6 Rock back onto Left, recover forward onto Right turning half turn right (6 o'clock)
- 7,8 Step back on Left, point Right to right side

### Section 3: STEP, POINT, KICK-BALL-POINT, TOUCH, UNWIND HALF TURN RIGHT, LEFT TOE-HEEL-STEP

- 1,2 Step forward on Right, point Left to left side
- 3&4 Kick Left forward, step down on ball of Left, point Right to right side
- 5,6 Touch Right toe behind Left heel, unwind half turn right onto Right (12 o'clock)
- 7&8 Touch Left toe beside Right foot, touch Left heel beside Right foot, step slightly forward onto Left

### Section 4: FORWARD ROCK/RECOVER, SAILOR ¼ TURN LEFT, ACROSS, SIDE, HEEL-BALL-CROSS

- 1,2 Rock forward onto Right, recover back onto Left
- 3&4 Step Right behind Left, step Left ¼ turn left, step Right in place (9 o'clock)
- \* **BOTH RESTARTS are here on WALLS 1 and 6 + TAG**
- 5,6 Step Left across Right, step Right to side angling body to left diagonal
- 7&8 Touch Left heel forward to Left diagonal, step down on ball of Left, cross Right over Left

**START AGAIN and SMILE!!**

**RESTART dance from beginning after step 28 (sailor turn) on Wall 1, and on Wall 6 after Tag.**

**TAG : on Wall 6 only – after step 28 (sailor turn)**

- 1, 2 Sway Left, sway Right

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