

# My Number

Count: 32

Wall: 4

Level: Improver

Choreographer: Aiden Fryer (UK) - October 2013

Music: My Number - Foals



**Start dance Start on vocal. 32 counts On Word "You"**

## **ROCK FORWARD RECOVER SHUFFLE ½ SHUFFLE ½ ROCK BACK RECOVER**

- 1-2 Rock forward on right recover on left
- 3&4 Shuffle ½ over right shoulder stepping right , left next to right stepping on right
- 5&6 Shuffle ½ over right stepping back on left , bring right next to right , step on left.
- 7-8 Rock back on right foot, recover onto left.

## **STEP POINT CROSS POINT, JAZZBOX ¼ TURN WITH CROSS**

- 1-2 Step forward on right point left toe to left side
- 3-4 Cross left over right point right toe to right side
- 5-6 Cross right over left, step back on left making ¼ turn over right shoulder
- 7-8 Step right foot to right side , cross left over right

## **CHASSERIGHT ROCK BACK . ¼ STEP ½ SHUFFLE ½**

- 1&2 Step right to right side , left next to right, right to right side
- 3-4 Rock back on left foot, recover on right
- 5-6 Make ¼ turn step on left foot, make ½ turn over right shoulder step back on right foot
- 7&8 Shuffle ½ turn over left shoulder stepping left forward, right next to left , left foot forward

## **STEP ½ HITCH LEFT KNEE, LEFT SHUFFLE, ¼ STEP ½ STEP**

- 1-2 Step forward on right , ½ turn over left shoulder , hitch left knee
- 3&4 Make a left shuffle forward, stepping left forward, right next to left, left foot forward
- 5-6 Make ¼ turn to right stepping on right foot, make a ½ turn on left foot over right shoulder
- 7-8 Step on right foot, step on left foot.

## **RESTART AFTER COUNTS 16 COUNTS WALL 5**

[www.aidenfryerdance.moonfruit.com](http://www.aidenfryerdance.moonfruit.com) - Aiden Fryer Dance Choreography