

# Loving U

Count: 64

Wall: 4

Level: Improver

Choreographer: Sally Hung (TW) - September 2013

Music: Loving You - Matt Cardle & Melanie C



Sequence of dance: step R to the R and hold for 4 counts at the beginning of wall 2  
Start to dance after 8 counts

## S1. SIDE ROCK RECOVER, COASTER STEP, PADDLE TURNS (¾ TURN R), TOGETHER

1,2,3&4      Rock R to the R, recover onto L, step R behind L, step L beside R, step R fwd  
5,6,7,8      Step fwd on L, pivot ¼ R, step fwd on L, pivot ¼ R, step fwd on L, pivot ¼ R, step L beside R

## S2. CROSS MAMBO, CROSS MAMBO, R CUBAN BREAK, R CUBAN BREAK

1&2,3&4      Cross rock R over L, replace weight back on L, step R beside L, cross rock L over R, replace  
weight back on R, step L beside R  
5&6,7&8      Cross rock R over L, step L in place, step R to side, cross rock R over L, step L in place, step  
R to side

## S3. STEP FWD, HOLD, BALL ROCK, RECOVER, STEP FWD, ROCK FWD, RECOVER, BACK SHUFFLE

1,2,&3&4,      Step fwd on R, hold, step ball of L next to R, rock fwd on R, recover onto L, step fwd on R  
5,6,7&8      Rock fwd on L, recover onto R, step back on L, lock R in front of L, step back on L

## S4. ROCK BACK, RECOVER, ROCK FWD, RECOVER, ROCK BACK, RECOVER, ROCK ¼ TURN L ,RECOVER

1,2,3,4      Rock back on R, recover onto L, rock fwd on R, recover onto L  
5,6,7,8      Rock back on R, recover onto L, rock R fwd, recover ¼ turn L stepping L fwd

## S5. HEEL FWD X2, HEEL SIDE X2, , CROSS, SIDE, HEEL JACKS, CROSS, SIDE, HEEL JACKS

1,2,3,4      Tap R heel fwd twice, tap R heel to R side twice  
5&6&7&8&      Cross R over L, step L to L side, tap R heel fwd, step R next to L, cross L over R, step R to R  
side, tap L heel fwd, step L next to R

## S6. KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP ¼ TURN L

1,2,3&4      Kick R fwd, kick R to R side, step back on R, step L next to R, step R fwd  
5,6,7&8      Kick L fwd, kick L to L side, ¼ turn L crossing L behind R, step R fwd, step L fwd

## S7. CROSS MAMBO, CROSS MAMBO, SAILOR STEP, SAILOR STEP WITH ¼ TURN L

1&2,3&4      Cross rock R over L, replace weight back on L, step R beside L, cross rock L over R, replace  
weight back on R, step L beside R  
5&6,7&8      Cross step R behind L, step L to L side, step R to R side, turn ¼ L cross stepping L behind R,  
step R to R side, step L to L side

## S8. KICK BALL CHANGE X2, JAZZ BOX ¼ TURN R

1&2,3&4      Kick R fwd, step on ball of R, step L in place, kick R fwd, step on ball of R, step L in place  
5,6,7,8      Cross step R over L, step back on L, make a ¼ turn R stepping R fwd, step L fwd

Have Fun & Happy Dancing

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