

# Sweet Mama

**COPPER KNOB**  
STEPPERS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Terri Lineberry (USA) - August 2013

Music: Sweet Mama - The Allman Brothers Band : (CD: Win, Lose or Draw, iTunes)



## Begin On lyrics

### SHUFFLE RIGHT WITH ROCK RECOVER, SHUFFLE LEFT WITH ROCK RECOVER

1&2 Step right to right, step left to right, step right to right  
3-4 Step left behind right, recover on right  
5&6 Step left to left, step right to left, step left to left  
7-8 Step right behind left, recover on left

### SHUFFLE RIGHT FORWARD, SHUFFLE LEFT FORWARD, ROCKING CHAIR

1&2 Step right forward, step left to right, step right forward  
3&4 Step left forward, step right to left, step left forward  
5-6 Step right forward, recover on left  
7-8 Step right back, recover on left

### ½ TURN LEFT, SHUFFLE RIGHT FORWARD, ROCKING CHAIR

1-2 Step right forward, ½ turn left  
3&4 Step right forward, step left to right, step right forward  
5-6 Step left forward, recover on right  
7-8 Step left back, recover on right

### JAZZBOX INPLACE, JAZZBOX ¼ TURN LEFT

1-2 Step left across right, step right back  
3-4 Step left to left, step right to left  
5-6 Step left across right, step right back ¼ turn left  
7-8 Step left to left, step right to left

## BEGIN AGAIN

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