

# No Man's Land

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Ria Vos (NL) - July 2013

Music: No Man's Land - Leanne Mitchell



**Intro: 8 Counts (± 10 sec)**

**Side, Behind, ¼ R, ¼ R, Sailor ¼ R, Full Turn L, Step Back, Coaster Cross**

- 1-2& Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
- 3-4& ¼ Turn R Step L to L Side, Step R Behind L Turning ¼ Turn R, Step L Next to R (9:00)
- 5-6 Step Fwd on R, Pivot ½ Turn L (weight on L) (3:00)
- &7 Turn another ½ Turn L Small Step Back on R, Small Step Back on L (9:00)
- 8&1 Step Back on R, Step L Next to R, Step R Fwd and Across L

**Side Rock-Cross, ¼ L, ½ L, Point, ½ R Sweep, Cross, Side, Cross**

- 2&3 Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)
- 4&5 ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L, Point R to R Side (12:00)
- 6-7 ¼ Turn R Step Fwd on R Sweeping L into another ¼ Turn R, Cross L over R (6:00)
- 8& Step R to R Side, Cross L Over R

**Basic R, Side, Behind, ¼ L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep**

- 1-2& Step R to R Side, Rock Back on L, Recover on R
- 3-4& Step L to L Side, Step R Behind L, ¼ Turn L Step Fwd on L (3:00)
- 5-6& Step R to R Side, Step L Behind R, Step R to R Side
- 7& Cross Rock L Over R, Recover on R
- 8&1 Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

**Rock Back, Step Pivot ¾ Turn L, Side, Touch, Back, Kick, Ball, Cross**

- 2-3 Rock Back, Recover on L
- 4& Step Fwd on R, Pivot ¾ Turn L (6:00)
- \*\*\*Restart and Tag Point**
- 5-6 Step R to R Side, Turn Body L Point L to L Diagonal
- 7 (Straighten Body) Step L Back to L Side
- &8& Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

**Restart: On 1st Wall after count 28 (6:00)**

**Tag & Restart: On Wall 6 after count 28 add:**

- 1-2 Step and Sway R, Sway L

**Restart dance from count 1 (12:00)**