

Cowboy On The Run

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: Improver

Choreographer: Unknown - June 2013

Music: Cowboy On The Run (牛仔很忙) - Jay Chou (周杰倫)



(Alteration music) Cowboy by Jay

#1. Walk Fwd , Point, Walk Backward, Touch

- 1-4 Walk fwd on RLR , point L to left side
- 5-8 Walk back on LRL, touch R beside L and clap

#11. Bump R & Bump L, R Rolling Vine , Touch & Clap

- 1&2 Bum to R
- 3&4 Bum to L
- 5-8 Rolling vine to R on RLR, touch L beside R and clap

#111 & 1V : Mirror steps of Section 1 & Section 11

#V. Jazz box , Cowboy Hand swings & Hip Bums

- 1-4 Step R fwd, cross L over R, step R back, step L to L side
- 5&6&7&8 With weight on the R, do cowboy hand swings & hip bums

#V1. Jazz box, Side Together, Side Together

- 1-4 Step L fwd , cross R over L, step L back, step R beside L
- 5-8 Step L to L side, step R together, Step L to L side, step R together

#V11. Walk Diagonal Fwd, Kick Ball Change

- 1-2 Walk R diagonal fwd on RL
- 3&4 Kick ball change
- 5&6 Kick ball change
- &7&8 kick ball change

#V111. Walk Back, Side Touch, ¼ Turn R Side Touch

- 1-2 Walk back on LR
- 3-4 Step L to L side, touch R beside L
- 5-6 ¼ Turn R step R to R side, touch L beside R
- 7-8 Step L to L side, touch beside L

Start again - No tag, No restart.

Happy Dancing

Provided by Roger Hwang (US)

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