

Break My Mind

Count: 40

Wall: 4

Level: Beginner

Choreographer: Graham Mitchell (SCO) - May 2013

Music: Break My Mind - Nathan Carter



(1-8) R & L SIDE TOUCHES , SIDE TOGETHER FORWARD HOLD

- 1-2 Step R to R side , Touch L beside R (12)
- 3-4 Step L to L side , Touch R beside L (12)
- 5-6 Step R to R side , close L beside R (12)
- 7-8 Step forward R , Hold (12)

(9-16) L & R SIDE TOUCHES , SIDE TOGETHER BACK HOLD

- 9-10 Step L to L side , Touch R beside L (12)
- 11-12 Step R to R side , Touch L beside R (12)
- 13-14 Step L to L side , close R beside L (12)
- 15-16 Step L back , Hold (12)

(17-24) WALK BACK , HALF TURN SHUFFLE , WALK FORWARD, STEP PIVOT STEP

- 17-18 Walk back R, L (12)
- 19&20 ½ turn shuffle over R , stepping R, L, R (6)
- 21-22 Walk forward L , R (6)
- 23&24 Step forward on L , Pivot half turn R , step forward L (12)

(25-32) HEEL DIGS R & L , BEHIND SIDE CROSS

- 25-26 Tap R Heel forward twice (12)
- 27&28 Step R behind L , Step L to L side , Cross R over L (12)
- 29-30 Tap L Heel forward twice (12)
- 31&32 Step L behind R, Step R to R making ¼ turn R , step forward L (3)

(33-40) CHARLESTON STEPS , LEFT COASTER ST EP

- 33-34 Sweep R forward , step back on R (3)
- 35-36 Sweep L back , step forward on L (3)
- 37-38 Sweep R forward , step back on R (3)
- 39&40 Step back on L , step R beside L, step L slightly forward (3)

BEGIN AGAIN

TAG AT THE END OF WALLS 2 , 4 , AND 5. – ADD THE FOLLOWING 4 COUNTS

R JAZZ BOX CROSS

- 1-2 Cross R over L , step L back
- 3-4 Step R to R side , cross L over R

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