

The Cradle

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Willem Snell (NL) & Anthoneta Snell (NL) - May 2013

Music: The Hand That Rocks The Cradle (feat. Bob Tutupoli) - Tantowi Yahya



Intro : 16 counts

Sways R/L, Back Lockstep, Rock Back, Recover, Side Rock, Recover

- 1 - 2 Step R to R side (sway), Step L to L side (sway)
- 3 & 4 Step back on R, Cross L over R, step back on R
- 5 - 6 Rock back on L, recover weight to R
- 7 - 8 Rock side on L, recover weight to R

L. Cross, Side, Behind, Sweep, Behind, Side, Cross, Touch L.side

- 1 - 4 Cross L over R, step R to R side, cross step L behind R, sweep R to behind R
- 5 - 8 Cross step R behind L, step L to L side, cross R over L, touch L beside R

Rock Fwd., Recover, ¼ Turn Left Chassé, Rocking Chair

- 1 - 2 Rock forward on L, recover weight on R
- 3 & 4 Make a ¼ turn L, stepping side, step R beside L, step L to L side
- 5 - 6 Rock forward on R, recover weight on L
- 7 - 8 Rock back on R, recover weight on L

Side, Step, Chassé Right, Rock Fwd, Recover, Sailor ¼ Turn L

- 1 - 2 Step R to R side, step L beside R
- 3 & 4 Step R to R side, step L beside R, step R to R side
- 5 - 6 Rock forward on L, recover weight on R
- 7 & 8 Making a sailor ¼ turn L, cross step L behind R, step R to R side, step forward on L

Start Again - Have Fun

Website: www.quicklinedancers.com