

# Liquid Lunch

**COPPER** **NOB**  
BY STEPHEN METELNICK

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Peter Metelnick (UK) & Alison Metelnick (UK) - May 2013

**Music:** Liquid Lunch - Caro Emerald



**Start after 32 counts, when beat kicks in on verse vocal approx. 21 secs into song [112bpm – 3mins 59secs]**

**[1-8] R/L fwd, R & L apart & heel bounce, R heel jack, R weave 2**

- 1-2 Step R forward, step L forward
- &3&4 Step R & L apart, raise both heels off floor; bring heels back down with weight on L
- 5&6& Cross step R over L, step L back, touch R heel forward, step R back
- 7-8 Cross step L over R, step R side

**[9-16] ¼ L toaster, R Charleston coaster, R ball step fwd x2**

- 1&2 Sweeping L front to back turn ¼ left step L back, step R together, step L forward (9 o'clock)
- 3-4 Touch R forward, step R back
- 5&6 Step L back, step R together, step L forward
- &7&8 Step R behind L, step L forward, step R behind L, step L forward

**[17-24] R fwd, ½ L pivot, R fwd, ¼ L pivot, R syncopated cross rock/recover, R & L switches, R fwd**

- 1-4 Step R forward, pivot ½ left, step R forward, pivot ¼ left (12 o'clock)
- 5&6& Cross rock R over L, recover weight on L, touch R side, step R together
- 7&8 Touch L side, step L together, step R forward

**[25-32] L fwd rock/recover, L back, R touch together, R fwd, L fwd, ½ R pivot turn, L fwd shuffle**

- 1-2& Rock L forward, recover weight on R, step L back
- 3-6 Touch R together, step R forward, step L forward, pivot ½ right (6 o'clock)
- 7&8 Step L forward, step R next to L, step L forward

**[33-40] R side rock/recover, R together, L side rock/recover, ½ L toaster, R forward, ½ L pivot**

- 1-2& Rock R side, recover weight on L, step R together
- 3-4 Rock L side, recover weight on R
- 5&6 Turning ½ left sweep L front to back stepping L back, step R together, step L forward
- 7-8 Step R forward, pivot ½ left (6 o'clock)

**RESTART HERE ON WALLS 2 & 4 facing front wall**

**[41-48] R fwd, hold, L together, R fwd, L touch fwd/back, ½ L turn, ½ L turn, ¼ L turn**

- 1-2& Step R forward, hold, step L together
- 3-6 Step R forward, touch L forward, touch L back, turn ½ left taking weight on L (12 o'clock)
- 7-8 Turning ½ left step R back, turning ¼ left step L side (3 o'clock)

**Easier option 6-8: With weight on L turn ¼ left, cross step R over L, step L side**

**[49-56] R & L samba, ¼ R jazz with 2 ball crosses**

- 1&2 Cross step R over L, rock L side, recover weight on R
- 3&4 Cross step L over R, rock R side, recover weight on L
- 5-6 Cross step R over L, turning ¼ right step L back (6 o'clock)
- &7&8 Step R back, cross step L over R, step R side, cross step L over R (looking toward R diagonal)

**[57-64] R diagonal: R fwd, L kick, L back, R behind, L side, L diagonal: R fwd, L kick, L coaster step squaring to back wall**

- 1-3 On right diagonal (7 o'clock), step R forward, kick L forward, step L back
- 4& Step R behind, step L side squaring to back wall

5-6 Turning towards left diagonal (5 o'clock) step R forward, kick L forward  
7&8 Step L back, step R together squaring to back wall, step L forward (6 o'clock)

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